

## You will get a lot out of volunteering at WDHS including:

- Personal development
- Group involvement and activity
- Fulfilment, and boosted self esteem  
Making new friends and networks
- Exciting new experiences
- A sense of belonging & responsibility
- Satisfaction from helping others and contributing to the success of the community
- Utilizing existing and developing new skills
- Above all FUN AND ENJOYMENT!!



## Volunteer Coordinator Tel: (03) 5551 8284

### *Western District Health Service incorporating:*

Coleraine District Health Service  
Frances Hewett Community Centre  
Grange Residential Care Service  
The Birches Residential Care  
Hamilton Base Hospital  
Penshurst & District Health Service  
Youth Services  
Merino Community Health Centre  
National Centre for Farmer Health

PO Box 283  
Hamilton VIC 3300  
Ph: (03) 5551 8222  
Fax: (03) 5571 9584  
Email: [ceo@wdhs.net](mailto:ceo@wdhs.net)  
Internet: [www.wdhs.net](http://www.wdhs.net)



# Volunteer Program

[www.wdhs.net](http://www.wdhs.net)

## Why volunteer for WDHS?

Volunteers are ordinary people who make an extraordinary contribution to our health service. They bring a range of skills, knowledge and life experience to the health service that complements the expertise of our staff.

Volunteering provides the opportunity for you to meet new people while learning new skills or enhancing the skills you already have.

## Who volunteers?

Volunteers come from all age groups. Men, women, young people and older people are all encouraged to participate. Their roles are designed to complement our paid staff, but not replace them. Volunteers in WDHS Auxiliaries and community groups also provide wonderful support for our health service.

## How do volunteers help?

Our volunteers may work indoors or outdoors, one-to-one, or with groups. Whether you are available weekdays or weekends, weekly, monthly or just occasionally, there will be a place for you and we will value your contribution.

Although volunteering receives no monetary payment, it is both rewarding and satisfying and benefits our patients, residents, clients and community.

## WDHS has a variety of areas that need volunteers, including:

- Grange Residential Care Service
- The Birches Residential Care
- PAGES (Planned Activity Group Service)
- Surgical, Medical Theatre and Emergency Department
- Community Transport - Hamilton
  - Coleraine
  - Merino
- Palliative Care
- Comforts Trolley
- Opportunity Shop
- Youth Services
- Coleraine District Hospital
- Peshurst & District Health Service
- Delta Dogs
- Fundraising
- Auxiliaries

## Expectations

We expect our volunteers to be reliable, committed to the organisation, to maintain confidentiality at all times and to be of neat and tidy appearance. Volunteers are required to attend all necessary training sessions, ask for support when it is needed, and support other members of the health team in which they participate.

Volunteers can expect that WDHS will provide insurance cover, appropriate orientation and training, a safe environment in which to work, and will reimburse volunteers for any approved out-of-pocket expenses incurred. Volunteers have the right to say 'no' to unsuitable tasks, will be recognised as a valued member of the health team and will be supported and guided in their roles at all times.

## How to become a volunteer

Upon request, application forms will be sent for you to complete. Informal interviews are conducted with prospective volunteers to identify the volunteer's areas of interest, and to ensure that we select the right volunteer for the right job.

A mandatory requirement of volunteering at WDHS is that all applicants agree to a confidential police check, which will be paid for by WDHS.

If you are interested in volunteering at WDHS and would like more information, please telephone the Volunteer Coordinator, between 9.00am and 4.30pm, Monday to Friday.

**Contact:**  
**Volunteer Coordinator**  
**Tel: (03) 5551 8284**