ANNUAL 12/13 REPORT 12/13





MISSION

To enhance the health and the quality of life of community residents through the provision of care and co-ordination of services, which address the needs of patients, residents, and clients based on principles of equity and access.

Acknowledgements: Layout and Design: A. Doull / H. McKenry Printers— Hamilton Spectator Tracey Kruger- Inside Back Cover

- 2013 -

United Nations

International Year of Water Cooperation

In December 2010, the United Nations General Assembly declared 2013 as the United Nations International Year of Water Cooperation (Resolution A/RES/65/154).

The objective of this International Year is to raise awareness, both on the potential for increased cooperation, and on the challenges facing water management in light of the increased in demand for water access, allocation and services.

The year will highlight the history of successful water cooperation initiatives, as well as identify burning issues on water education, water diplomacy, transboundry water management, financing cooperation, national / international legal frameworks, and the linkages with the Millennium Development Goals.

It also will provide an opportunity to capitalize on the momentum created at the United Nations Conference on Sustainable Development (Rio+20), and to support the formulation of new objectives that will contribute towards developing water resources that are truly sustainable



Yatmerone Reserve (Huttons Dam















CORPORATE IDENTITY HISTORY IN THE MAKING

Originally, the district was serviced by a Bush Nursing Hospital located in Cobb Street, Penshurst. In the early 1950's, Dr. Watt in Penshurst and Pastor Wiebusch of the Tabor Lutheran Church were concerned that a need for a local hospital existed in Penshurst as patients requiring treatment were usually sent to Hamilton Base Hospital. To expedite a hospital project for Penshurst, they set up a committee including Mr. R. Schramm, MBE, Mr. C.G. Ross and Mr. J. Ryan to work toward the construction of a health care facility.

Leased Crown land at the Eastern end of Watton Street had been set aside for a hospital building, however, it was considered unsuitable. Mr. J.O.W. Smith donated a parcel of land presently occupied by the Hospital and additional land to the east of it, which has subsequently been sold.

Construction of the new hospital commenced on 15th August 1955, and the first patient was admitted on the 24th of July 1957. The cost of constructing and furnishing the new five-bed hospital was 46,567 pounds, of which a portion was paid by money raised by the community. A Government Grant paid for the remainder.

- August 1972, work commenced on a four-bed extension to the hospital, bringing the total to nine acute beds. This extension was funded by a Government Grant and completed in January 1973.
- 1984 brought the cessation of theatre operations, with patients then travelling to the Hamilton Base Hospital or elsewhere for surgery.
- January 1987 saw work commencing on an extension to the Hospital to provide a 10 bed Nursing Home wing. The extension resulted in a reduction of the acute beds from nine to seven. In November 1988, the first residents were admitted to the new nursing home. To recognise the efforts made by a Board of Management member, Mr. W.J. Lewis, in securing approval and funding for the project the 10-bed wing was named the W.J. Lewis Wing. The cost of the extension was \$ 528,102 of which the community raised nearly half.
- 1989 the Victorian Nursing Council reviewed the facility's midwifery services and recommended to the Health Department that, due to the hospital's inability to attract sufficient qualified midwifery staff to cover the service on a 24 hour basis, midwifery services be discontinued. This recommendation was accepted by the Department and subsequently, Penshurst's midwifery-based service ceased.

- 1992 builder Mark Uebergang converted the Boardroom to a patient care area. The room was designed to provide a service to patients with special needs. Funds for the project were provided through community support given to the Murray to Moyne Bicycle Team. The room's amenities and privacy is greatly appreciated by patients and their families. A bequest from the family of the late Mr. A. Uebergang provided furnishings for the room.
- 1994 the former Labour Ward and Emergency Room were converted into two 2-bed rooms with ensuites designed by Robert Miles of Mount Gambier and rebuilt by Mark Uebergang of Penshurst. This facility enabled the hospital to "bid" for the nursing-home type beds being reallocated within the sub-region, and the nursing home capacity was subsequently increased to 16 residents.
- 1994/95 the Hospital's Board continued to work with the Shire of Mount Rouse and subsequently the Southern Grampians Shire (following Municipal amalgamations), to develop a total aged care and accommodation project based in Penshurst and extending to Dunkeld and Glenthompson. This project provided 2-bedroom cottages on two sites in Penshurst and Dunkeld and a 10 bed Hostel.
- February 1995 major fundraising commenced following a resolution by the Board to undertake a major redevelopment of the Hospital. Over 3 years funding in excess of targets enabled the renovation to be undertaken. In addition to the local funds, \$ 160,000 (Rural Taskforce Grant) was provided by the State Government towards the redevelopment.
- Late 1995 the Board reconsidered the Hostel design and concluded that redesign was necessary to accommodate changing aged care needs and the associated funding models offered by the Commonwealth Government.
- 27th April 1997 the Hon. D. Napthine opened the newly developed 16 bed Nursing Home.
- May 1997 construction commenced on the 10 bed Kolor Lodge Hostel.
- February 1998 the Hostel was completed and the first residents were admitted. The Hostel provides single accommodation with ensuite bathrooms. There is a large sitting room and dining room with two other guest\quiet areas.



- September 1998 the Sheppard Community Health Centre was completed. A bequest from the estate of the late A.A. Sheppard together with a HACC Grant of \$ 200,000 enabled the construction of this facility.
- The Centre continues to be a benefit to the community providing a facility for Adult Day Activity Support Services, Allied Health Accommodation and as a venue for many outside organisations to utilise.
- January 1998 a bus was purchased for the use of Nursing Home and Kolor Lodge Residents to undertake outings as a group. The bus was replaced with a new model in 2006.
- July 1, 1998 the Western District Health Service was formed whereby the Penshurst and District Memorial Hospital became Penshurst and District Health Service a member of the Western District Health Service.
- July 1998, the Penshurst and District Health Service received Rural Healthstreams funding approved by the Victorian Department of Human Services. Healthstreams is a service and funding model that encourages flexibility in the design and delivery of a diverse range of primary health services. Resulting in a more responsive, flexible and comprehensive health care system, which encourages co-operation between public health services, local private sector providers and hospital based services.
- December 2004 and February 2005 Fifth and sixth Dunkeld Independent Living Units completed.
- June 2005 New Water Treatment Plant installed at Penshurst Campus (filtering entire site)
- June 2006 Diesel powered Emergency Generator installed.
- 2006, 2009 & 2012 Achieved Commonwealth Aged Care Accreditation (3 years)
- October 2007 Celebrated Penshurst Hospital 50th Anniversary

RECENT CHANGES AND ACHIEVEMENTS

- **2009/2010** Top 5% Press Ganey Patient Satisfaction Survey
- **2009/2010** Environmental Safety Audits compliance.
- **2009** Achieved Australian Council of Health Care Standards Accreditation (4 years).
- 2009 Upgrade to Nursing Home Dining Room, Acute Rooms and Garden Area (Stage I master Plan Upgrade). Official Opening held in December by Mr. Hugh Delahunty MLA, Member for Lowan.
- **June, 2011** Completed upgrade of new Laundry area.
- **July, 2011** Successful Australian Council of Health Care Standards Periodic Review
- **Dec , 2011** Completed upgrade to the kitchen and installation of a new walk in cool-room
- Feb, 2012 Renovations completed on Staff sleep over room, made possible by the Ladies Auxiliary
- **April, 2012**, Participation in the Murray to Moyne Cycle Relay Event, raising \$21,100
- **June, 2012**, Murray to Moyne Presentation Night
- **July, 2012,** Participation in the Trifocal Model of Care, with Deakin University, Southern Health and Cabrini Health
- **July, 2012**, Celebrations of the Year of the Farmer
- **April, 2013**, Participation in the Murray to Moyne Cycle Relay Event, raising \$19,500
- May, 2013, Commencement of the Kolor Lodge Refurbishment, commenced
- **June, 2013,** Murray to Moyne Presentation Night, Guest Speaker Mr Craig Richards CEO Bicycle Victoria



HONOUR ROLL OF THE PENSHURST AND DISTRICT HEALTH SERVICE

LIFE GOVERNORS:

MR. G.G. BURGER * MR. T.A. RENTSCH MR. E. COTTRILL * MR. J. RYAN * MR. F. DUNKLEY * MR. F. SCHRAMM DR. L. JENKINS MR. R. SCHRAMM * MRS. E. KINNEALY * MR. J.O.W. SMITH * MR. W. LEWIS * MRS. H.M. LINKE * MR. A. THORNTON MR. H. MIRTSCHIN * Pastor E.W. WIEBUSCH * MR. N. KRUGER MR. A. COTTRILL * MR. T.D. HUTTON DR. J.D. FLEMING

PRESIDENTS OF THE BOARD OF MANAGEMENT:

1956-1959	Pastor E.W. WIEBUSCH *
1959-1961	Rev. C.A. GIBSON*
1961-1966	MR. R. CHESHIRE*
1966-1969	MR. J.G. RYAN *
1969-1974	MR. K. CROPPER *
1974-1977	MR. G.G. BURGER *
1977-1988	MR. W.J. LEWIS *
1988-1994	MR. T.A. RENTSCH
1994-1998	MR TO HUTTON

CHAIRPERSONS OF THE ADVISORY COMMITTEE

1998-2000	MR. R. GREIG
2000-2007	MR. P. HEAZLEWOOD
2007-2099	MR. T. NIEUWVELD
2009-2012	MR. L. PATON
2012-pres	MRS. M. EALES

MATRONS / DIRECTORS OF NURSING:

1956-1957 1957-1958 1958-1959 1959-1960 1960-1966 1966-1971 1971-1975 1975-1978 1978-1979 1979-1984 1984-1987	MRS. J. CHESSWAS * MRS. E. FAIRHURST MRS. A. PITT MS. M. HIGGINS MRS. E. WILSON * MISS. S. MURPHY MRS. J. FLYNN * MS. A. BLACK MRS. G. HARRINGTON MRS. M. JEREMY * MR. J. DRUMMOND MS. E. DUCKMANTON
1987-1992	MS. E. DUCKMANTON
1992	MS. C. FRECKLETON (Acting DON) *
1995	MRS. N. GASH (Acting DON 5mths)
1999	MRS. C. TEMPLETON (Acting DON 3 mths)

DIRECTORS OF NURSING / MANAGER:

1992-1995	MS. M. DADSWELL (DON/Administrator)
1995	MS. J.A. DAVIS (Honorary Administrator 5 mths)
1995-1998	MS. J. ROSS (DON/Administrator)
1998-1999	MS. J. ROSS (Manager/DON)
1999-2003	MRS. J. BURTON (Manager/DON)
2003	MRS. J. PATON (Acting Manager/DON 3 mths)
2004-2008	MR. D. CLARKE (Manager/DON)
2008-2010	MR. D. MALONE (Manager/DON)
2010-2011	MRS J. PATON (Acting Manager/DON 6 mths)
2011-pres	MR. A. DOULL (Manager/DON)

NURSE UNIT MANAGERS:

2002-2003	MS. A. O'BRIEN
2003-2011	MRS. J. PATON
2008	MRS. B. JOOSEN (6mths)
2011-2013	MRS A-M WHFATON

MEDICAL PRACTITIONERS:

1956-1958 1958-1963	DR. J.P. WATT * DR. R.J. LEITCH *
1963-1970	DR. A.I. MacKINNON
1970-1982 1982-1985	DR. L. JENKINS DR. A. ARKELL
1985-2006	DR. J.D. FLEMING
2006-2011	DR. M. FORSTER
2008-Aug 08	DR. J. BANERJI
2010 –Pres	DR. M. ABDULLAH

^{*} Deceased



QUALITY IMPROVEMENT SUMMARY OF ACHIEVEMENTS 2012 / 2013

Penshurst and District Health Service (PDHS) has continued to ensure our services are directed towards meeting the needs of our consumers, including residents, patients, and the community at large. In collaboration with the other departments of the Western District Health Service, we have maintained a broad range of services that are accessible, timely and provided in accordance with the priorities outlined in our Operational Plan.

Corporate Identity

- The Manager/Director of Nursing attended a range of meetings representing the Health Service.
- Ongoing fundraising during the year has greatly assisted our goal of continually enhancing and upgrading our facilities.
- Regular contribution to the Penshurst District News

Performance Monitoring

- Penshurst Nursing Home and Kolor Lodge Hostel continued to remain fully compliant in all 44 Expected Outcomes under the Commonwealth Aged Care Standards when an accreditation survey was conducted in July/ August 2012. The facility was re-accredited until 30 October 2015.
- All new staff and postgraduate nursing students on placement at the Health Service participate in a structured orientation program specific to our facility.
- Any new or updated Policies and Procedures are conveyed to staff via Staff / Quality Improvement Meetings and Memoranda.
- Results of Quality Activities are discussed at all relevant meetings and publicly displayed in linkway on "Quality Matters" notice board.
- Our Internal Cleaning Audit results have continued to meet the benchmark throughout the year.
- PDHS continue to participate in the DHS PSRAC Quality of Care Performance Indicator ongoing monitoring program.
- Full compliance was achieved with an External Food Safety Audit conducted in January 2013.
- Investigation of all complaints was initiated within 24 hours of receipt.

Quality Improvement and Risk Management Initiatives

- Successful Mock Evacuation, involving the local CFA and Residents,
- Mandatory competencies, maintained at above 95% complete, throughout the year

Service Planning and Development

- Adult Day Activity Support Service (ADASS) attendance rates maintained.
- Active Penshurst Strength Training Sessions for Older Adults were provided at Penshurst.
- Regular Maternal and Child Health Clinics were conducted at Penshurst
- 3yr Preventative Health Plan Implemented 2013.
- WDHS Strategic Plan 2011 2016 completed.

Human Resource Management

• PDHS continues to participate in the Western District Health Service Registered Nurse Division One and Division Two Graduate Program and a rotation program for second year nursing graduates.

Facilities and Equipment

- New Nurse Call
- Rear Car-park sealed
- Refurbishment of Kolor Lodge
- Roof Anchor System, Kolor Lodge

Information Management

- Upgrading of Lee Total Care, for Aged Care
- Implementation of Trak Care

Financial and Service Activity

- Activity targets were achieved.
- Penshurst Nursing Home and Kolor Lodge Hostel occupancy maintained at high levels throughout the year.
- A favourable End of Year financial result, with a small operating deficet.





The facility participates in numerous audits both internal and external to ensure a high standard of services are provided across the organisation.

Internal audits measure performance:

- I) Across the 44 Aged Care expected outcomes and are benchmarked against the other 4 WDHS aged care sites
- 2) Monitoring security processes within the organisation.
- 3) Cleanliness of all service areas within the organisation reported at WDHS level
- 4) Food plan and kitchen services External audits include:
 - I) Department of Human Services benchmarking (KPI program)
 - 2) Food plan and kitchen services (Shire Council)
 - 3) Security Audit

In addition to ensure quality services can be provided by the organisation the facility keeps a record of and reports on all comments, complaints, compliments and opportunities for improvement suggestions.

Feedback to the organisation is promoted through resident and relatives and staff meetings all of which are held on a monthly basis.

INFECTION CONTROL

Infection Control at Penshurst is managed by monthly onsite visits by the Infection Control from Western District Health Service.

Clinical practice in infection control is observed and the staff knowledge is tested through various audits, with the results of some of these audits being compared across the state.

Other than onsite visits, vigilance is maintained by investigating incidents reported, looking for emerging patterns that may indicate an outbreak of infection or a practice which may breach infection control guidelines.

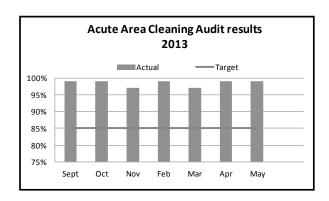
Infection control remains a mandatory area under accreditation which will now be assessed under the National Standards and therefore, is an important part of the overall management of a hospital across both acute and aged care settings.

Ongoing ability of microorganism's to become resistant to antibiotics and with some now able to cause a more severe disease, means that infection control will always have a place in healthcare.

Simple but effective measures to reduce the risk of infections being spread is by Hand Hygiene. Penshurst Hand Hygiene is measured at various times over the year with an overall rate reported annually.

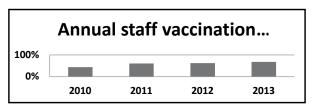
The target set by Hand Hygiene Australia is 70%, with Penshurst staff achieving 75 % in 2012 with this year's audit currently in progress

Cleaning audits are conducted each month internally and three times per year an external audit is conducted and reported to the Victorian Department of Health. Cleaning staff at Penshurst have maintained high scores throughout the year.



Reducing the risk of influenza is an annual program by offering vaccination to all staff at Penshurst. Staff, are eager to take up the offer of this free vaccine and the update numbers have increased each year.

Residents are also offered the influenza and pneumococcal vaccines free of charge.





Carolyn Templeton Infection Control



LEADERSHIP AND MANAGEMENT

REPORT OF THE ADVISORY COMMITTEE CHAIRPERSON

The Penshurst and District Health Service Advisory Board has once again filled the role of support and referral especially in the range of services to the aged in the Community of Penshurst and surrounding districts.

The level of care the staff provide is one of commitment to the quality health, well being and welfare of patients. This ensures that the maintenance of service is continuined as set by the Aged Care Standards and Accreditation Agency

I thank the Director of Nursing, Alastair Doull, and all staff for their hard work, care and dedication.

The Tender for the Kolor Lodge upgrade was awarded to Craig Collins Building. Work commenced in May for the completion in August. We apologise for any inconvenience caused to residents during this time.

Once again we thank Des "Sandy" O'Brien for his most generous donation that enabled this work to be carried out. A substantial bequest was also received from the estate of Sheila Harrington and for this the Advisory Board is extremely grateful. This gift will be suitably honored and used towards the refurbishment of Kolor Lodge where Sheila spent many happy years of her stay at the Penshurst campus.

The Annual Murray to Moyne was once again contested by a band of riders from various corners of the country. Thank you to this team, the support crew, and all generous donors for making this a success both socially and financially.

I thank all collectors for the annual door knock appeal. These collectors give their time each year, for which the Board is extremely grateful.

Closer to my heart is the Hospital Ladies Auxiliary. You will never get a more willing, caring, happy band of workers than these ladies. I am very proud of my association with them and encourage any lady with time on your hands to come along to the Sheppard Centre at 1.30pm on the 3rd Wednesday of each month and become part of this very worthwhile group. The Ladies efforts have purchased a Sun Blind for the outdoor area, a Digital Photo Frame, Kitchen equipment, and most recently pledged \$2000 for the purchase of roses for the new gardens and to supply bird baths for the residents pleasure. Christmas decorations for the Christmas tree will also be purchased at the appropriate time

I would like to recognize the leadership of Mr Les Paton for his time, care and support as our past chairperson and Board Member. Les retired as chairperson and board member prior to his move to Queensland early this year. We wish Les and his wife, Jocelyn, a happy and healthy retirement and thank them for their years of service to the Penshurst Health Service.

The Advisory Board would like to acknowledge the support and assistance given to us by the Western District Health Service especially Mr Jim Fletcher and Mr Nick Starkie your guidance and knowledge in reviewing and planning are certainly appreciated.

Finally I must take this opportunity to thank my fellow members of the Penshurst and District Health Service Advisory Committee, for their interest and ongoing support and work. Their role plays a vital link in retaining a healthy relationship between the Health Service and the Community and I hope that we can continue to grow and develop in the years to come.

Margaret Eales

Chairperson.



Margaret Eales - Chairman













MANAGER / DIRECTOR OF NURSING REPORT

It has been a remarkable year at the Western District Health Service, Penshurst Campus, with extraordinary achievements against a back drop of change and challenge; and one that demonstrated the strength of our culture and commitment of staff to our values, residents and patients.

In a year influenced by enterprise bargaining agreement negotiations, major capital projects, continuing demand for our services, and the complexities surrounding the forthcoming National Health and Hospitals Reform program, we met our budget forecast and received an excellent accreditation result.

To my Chief Executive Officer, fellow executives, Western District Health Service Board Members Penshurst Advisory Members , and our great staff; thank you for your support. It's a privilege to be the Manager/ Director of the Western District Health Service, Penshurst Campus.

At Penshurst, we aspire to be GREAT in everything we do. We are committed to continuously building a high quality healthcare system for the people and communities we serve. Our focus during the past 12 months has been to reinforce our strategic goals and realign our services to ensure we provide the right care, in the right place, at the right time.

Furthermore, Penshurst focus has never faulted from delivering the best service for our patients and residents in the most effective and efficient manner. In this context, much work has begun to ensure our vision truly reflects a personcentred care approach across our organisation. Involving our residents and patients in their healthcare and improving their experience is at the core of our decision making.

We live and work in a vibrant, generous community and we are truly grateful to those who support us through volunteering and membership of one of our auxiliaries. I would like to thank our wonderful team of volunteers for their continued dedication and support. They are amazing people who capture the life of the organisation, providing comfort and companion ship to our patients, their carers and families.

As with so many other years, the Ladies Auxiliary continued their hard work of raising funds for the health service. Muriel Macklin, who had been a member for 16 years, passed away suddenly in 2012, Muriel will be greatly missed from their ranks.

Our staff deserve to be proud of our Accreditation by the Aged Care Standards and Accreditation Agency last July. Penshurst was awarded 44 standards, validating our staff's innovation, imagination and preparedness to question the norm in order to find better solutions for our residents.

As a member of Western District Health Service we have continued to strengthen our relationships with universities and other teaching institutions in regard to our education and training. For example, Penshurst is involved in the Trifocal Model of Care which will enable us to build our staff's capacity to meet the increasingly complex care needs of our residents.

I would like to convey my gratitude to Mr Les Paton, who retired from the President of the Advisory Committee on 2013. Les is only one of three advisory members who have served more nine years and who has served with distinction. A passionate advocate for consumers, Les has been a member of the Advisory Committee since his appointment in 2004. This committee has grown and prospered under his leadership, and has provided valuable insight into community concerns and needs.

The redevelopment of Kolor Lodge has commenced, apart from being a major undertaking, this would never have been possible without the wonderful generosity of both Mr Leo 'Sandy' O'Brien and of the late Sheila Harrington. In early 2013, Penshurst participated in the Murray to Moyne Cycle Relay Event, raising \$19,500 for the health service. I would like to thank the riders, support staff and volunteers who helped in raising this incredible amount of money.

Without the support of community groups like the Ladies Auxiliary, other individuals and organisations, like our major sponsors of the Murray to Moyne, we would not be able to provide such a high level of care. With the bar continually being raised in community expectations, improving our service delivery is integral to achieving best practice outcomes. Our participation in a number of accreditation processes ensures that we continue not only to meet, but exceed those expectations. Consumers and their families can feel confident that care is of the very highest standard, measured against standards established by external accreditation agencies.

Thank you for your support and putting your trust in us to provide first class health care.

Alastair Doull

Manager / Director of Nursing



Jim Fletcher and Alastair Doull











ADVISORY COMMITTEE OF MANAGEMENT

The Penshurst and District Health Service Advisory Committee comprises members of the community who are appointed to advise the Western District Health Service Board on issues in relation to the Penshurst Community and District on health needs and services.

The Advisory Committee's operation is governed by the by-laws, rules and standing orders of the Western District Health Service.

Functions of the Advisory Committee

The functions of the Committee as authorised by the Board are:

- Review the performance and operations of the Penshurst and District Health Service.
- Be responsible for service planning, service delivery and service quality activities for the Penshurst Community and make recommendations to the Board of the Service.
- Make recommendations on the strategic plan of the Service (so far as it relates to Penshurst and District Health Service) to the Board of the Service.
- The Committee conduct bi-monthly meetings.

The Advisory Committee are grateful for the assistance provided during the past year by Mr. Jim Fletcher, Mr. Pat Turnbull, Mr. Richard Staude, Mr. Nick Starkie, Mrs Gabrielle Baudinette and staff of the Finance Department of the Western District Health Service in reviewing and planning performance, and Jenny Hutton the WDHS Board representative on the Advisory Committee.

Community Advisory Committee Members



Margaret Eales (President)
Resides Penshurst
Commenced with Advisory Committee:

Term of Appt. 2012-2015

Margaret, now retired, previously was employed as a Trainer Telstra Operator Assisted Services for 4 years prior to holding the position as Manager of Telstra Customer Service centre for 10 years.

Other than her service as President on the PDHS Advisory Committee, Margaret is currently the President of the Penshurst Hospital Ladies Auxiliary and has held the positions as Secretary of St. Joseph's

parish Council, Treasurer of the Penshurst Red Cross She is currently still Secretary of the Penshurst Senior Citizens Club, President of the Caramut & District Garden Club, Committee member of the Penshurst Memorial Hall, Editor of the Penshurst News and was a member of the Advance Penshurst Committee.



Les Paton Resides: Penshurst Commenced with Advisory Committee: 2004

Term of Appt. 2010-2013 {Resigned January 2013}

Les, now retired, was a butcher by trade, however found himself working in many positions over his working life. These included: a Road and Civil Construction Contractor, Sales Manager for Forestry Equipment Machinery, Demonstrator of Road/earthmoving machines and Heavy mining equipment and a Sales Manager for heavy mining equipment.

Les's community involvement includes the newly formed "Mens out and about program" (WDHS), a volunteer for the Penshurst Volcano Interprative Centre, Meals on Wheels, Virtual Visiting, Driver for Adults Day Activity Support Service (ADASS), He is also a member of the Senior Citizens Association, the Penshurst Pastoral and Agricultural society, Advance Penshurst Association and the Friend of Kanowinka Geopark.



Jenny Hutton B.Ed.
Resides Penshurst
Commenced with WDHS Board 2002
WDHS Board representative on
Advisory Committee.

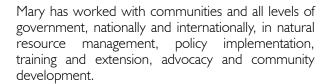
Jenny is a past secondary teacher and is currently Director of Community Relations and Development at The Hamilton and Alexandra College. Jenny plays an active fundraising role in the community and is the Victoria/Tasmania Regional representative of the Executive Committee of ADAPE (Association of Development and Alumni Professionals in Education). Jenny was the President of the Penshurst Botanical Gardens (1995-2010) and was part of the Mulleraterong Fundraising Committee in 2010.



Mary Johnson Resides Minhamite Commenced with Advisory Committee: 2009 Term of Appt. 2011-2014

Mary lives on a property south of Penshurst and is currently employed as Research Fellow with RMIT University Hamilton, co-founder of the Secretariat for International Landcare and on the executive of Australian Landcare International.





Other than her service on the PDHS Advisory Committee, she is also a committee member of the Penshurst Football Netball Club, Pensurst RSL and Mt. Rouse & District Historical Society.



Tom Nieuwveld Resides: Tarrington Commenced with Advisory Committee: 2003

Along with Tom's Service on the Advisory Committee he also holds the position as a Justice of the Peace and is a member of the local C.F.A. and is also a member of the Wannon Water Customer Engagement Committee.

Term of Appt: 2012-2015



Wendy Williams
Resides Dunkeld
Commenced with Advisory Committee:
2005 - Term of Appt. 2011-2014

Wendy spent approx. 35 years working for the Education Department of Victoria as a Teacher, Historian, Archives and Records Management Officer in Charge and Principal.

She currently operates her own company which does Consultancy for Schools producing Annual Reports and Reviews including Data analysis, contracts workers to the mining industry. She is also a civil Celebrant qualified to undertake Marriages, Namings, Renewal of Vows, Funerals, Grief and Trauma Counselling.

Other than her service on the Advisory Committee she holds the position as Secretary/Treasurer of the Dunkeld & District Historical Museum, Justice of the Peace and qualified Bail Justice and a volunteer for a variety of projects and Dunkeld Consolidated School.



Jenni Kinnealy Resides Penshurst Commenced with Advisory Committee: 2007 Term of Appt. 2010-2013

Jenni has been a partner on the family farm north of Penshurst for approx. 33 years and is also a part time employee of the National Australia Bank (16 years). Other than her service on the PDHS Advisory Committee, she is also a member of the Penshurst Hospital Ladies Auxiliary, Treasurer of the Penshurst Pony Club, Treasurer of Penshurst Bowls Club Ladies Section and a playing member.



Don Adamson
Resides Penshurst
Commenced with Advisory Committee
2010
Term of appt. 2010-2013

Don worked for 29 years with General Motors \ Electronic Data Systems, as an Information Security Officer and Computer room Supervisor, Despatch.

Don is currently semi retired, however employed part time as a Personal Care Assistant is driving a bus for the Disabled and Aged.

He is also very active in the local community, volunteering his time as a driver for the Adult Day Activity Support Service (ADASS), is a member of the Penshurst Show Committee, has been, and is still involved as a member of the Lions Club for 17 years and also assists with the local Penshurst Community newsletter.



Lucy Cameron
Resides: Penshurst
Commenced with Advisory Committee
2011
Term of appt. 2011 – 2014

Lucy lives on the family farm near Penshurst with her husband Damien and their son Ben.

She has completed a Bachelor of Engineering (Hons), Adelaide University.

For the past nine years she has worked for the Glenelg Hopkins CMA where she runs projects aimed at protecting rivers and wetlands. In her spare time she helps run the farm and Damien's Sheep pregnancy scanning business, and enjoys being a mum.

Other interests include reading, playing music, cooking and travelling.



MEDICAL REPORT

This year has been another busy one for the medical clinic and we have been able to expand the range of services provided to the community.

Following the completion of the Primary Skin Cancer Certificate in Medicine the clinic was able to offer an expanded skin treatment service held on every Thursday. In the coming year I will complete the Cancer Certificate in Surgery to enable the clinic to provide a comprehensive surgical procedure for skin lumps, bumps and cancer which is more and more prevalent in our community.

Preventative Health is a high priority for the clinic and a major policy direction of Governments.

This year new screening programs have been performed in this clinic with the collaboration of the Tristar Medical Group Head Office- such as Bone Mass Densitometry & Audiometry for hearing impairment. A large group of elderly people attended these programs and they will be running on an ongoing basis.

Other screening programs like bowel cancer, pap smears (for cervical cancer), test for prostate cancer and mammograms are going in full swing with the cooperation of the Tristar Medical Group Head Office The expansion of the clinic has been assisted by the great work of our reception staff, Carol Morgan, Melissa Pye and Kelly Arkell. We welcome our new staff member, Keryn Gordon who replaces Kelly who let in March 2013 to work in Portland.

We are thrilled to welcome our new Practice Nurse Heather Kelly who be going joining us soon and will work two days a week- Heather replaces Angela Howson who resigned in May.

It is a great achievement for our clinic to have the services of a practice nurse for two days a week. As a result patients will get faster and more effective services for the health assessments and management through the GP Management plans.

This year I also participated in the Fellowship Examination of Royal Australian College of General Practitioners, the results of which will be through later this year.

I'm very optimistic of a long and fruitful practice and association with the Penshurst Hospital and community.

Dr. Mohammad Abdullah



Dr. Abdullah



SERVICE PLANNING AND DEVELOPMENT

SERVICES

Penshurst and District Health Service (a member of the Western District Health Service) is a public hospital providing:

- Acute Care: inpatient care for six acute care patients
- Nursing Home (High Level): residential accommodation for seventeen permanent nursing home residents.
- Hostel residential (Low Level): accommodation for nine permanent residents and one respite resident.
- Independent Living Units: At Penshurst and Dunkeld providing independent living for ten residents.
- > HACC Services Meals on Wheels Service operates from the facility seven days per week. An Adult Day Activity Support Service meets weekly in the Sheppard Community centre.
- > Allied Health: Other services delivered by visiting therapists include, Podiatry, Physiotherapy, Dietitian, Asthma and Diabetes Educators, Women's Health

CATCHMENT AREA

The catchment area of the Penshurst and District Health Service comprises the area in south western Victoria bounded by Dunkeld, Glenthompson in the north, Chatsworth in the east, Hawkesdale and Macarthur in the south and about 15 km's along the Hamilton Highway in the west. This region corresponds to part of the Southern Grampians Shire (former Shire of Mount Rouse and parts of the former Shire of Dundas) and part of the Shire of Moyne (parts of former Shires of Minhamite and Warrnambool).

POPULATION

The 2011 Census, conducted by the Australian Bureau of Statistics, indicated that the population within the catchment area of the Penshurst and District Health Service was ageing at a higher rate than the State generally. There were 734 people in Penshurst of which 49.3% were male and 50.7% female. Aboriginal and Torres Strait Islander people made up 1.8% of the population. The median age of the catchment population in the 2011 Census was 48 years (an increase of 5 years since the 2006 census). Children aged 0-14 years made up to 19.2% of the population and people aged over 65 years made up 20.6% of the population. 84.9% of the catchment population stated that they were Australian-born. 92.9 % of households had English stated as the only language spoken at home, with 3.9% of households speaking two or more languages.



Maurice Guy and Keith



Mens out and about Maurice & Bert Horberry



COMMUNITY SERVICES AND ALLIED HEALTH

Primary and Preventative Health Division

Continence

The WDHS Continence Service has visited Penshurst on a regular basis. Catheter care has been a major component of our service, both with education of staff and for the Penshurst and district residents.

The continence team of Ruth Fatone, Sue Langley, Annabelle Wilson, Meg Ryan and Celeste Morton, continue to provide care to outpatients and inpatients at Penshurst and the surrounding community.

The continence team farewelled Ruth to retirement at the end of the financial year and Ruth has left a strong dedicated team to ensure the ongoing provision of services to Penshurst.

Podiatry

This financial year Podiatry services has been another busy and challenging year due to the high demand of services, turnover of staff, and implementing the new booking system via trakcare. Services were provided to the Penshurst campus by WDHS chief Podiatrist Phuong Huynh as well as additional services by Erin O'Brien from Terang Foot Clinic funded by Medicare Local.

The Penshurst Podiatry department see a vast range of different and complex foot conditions and high risk problems and residents from the aged care facility are given priority.

Due to high demand for podiatry, appointments have to be arranged to ensure clients with complex and high risk problems are prioritised first. We support clients in preventing and reducing existing foot complications by encouraging clients to participate in their own foot health through education, early identification and self-management.

There are 2-3 clinics provided each month. Anyone with foot problems can access our services. Referral is not necessary but due to the limited capacity, we recommend clients seek medical advice if they are concerned about their foot condition.

Nutrition and Dietetics

The Nutrition and Dietetics Department has continued to provide services to the Penshurst campus in the last financial year.

In May we farewelled Claire Lafferty who has been providing nutrition and dietetic services to Penshurst for two years. Claire arrived at Western District Health Service as a new graduate dietician and enjoyed her

visits to Penshurst utilising her knowledge and skills in a variety of areas. Claire continued to provide individual consults with clients with varying dietary needs for their Diabetes, heart disease, gastrointestinal disorders, food intolerances and many more conditions or health problems. Claire also worked closely with food services staff and residents to ensure the menu continued to meet the nutritional needs of the residents in accordance with their preferences, health needs and cultural background.

We welcome Danielle Creek to the Penshurst team who commenced in June this year. Danielle has been working as a Dietician in Sale for the past 2 years and has made the decision to return home to Hamilton.

Speech Pathology

Speech Pathologist, Sue Cameron, provides assessment of residents or patients for swallowing difficulties or communication needs when required.

During this financial year Sue has also provided education to staff about 'Safe Swallowing'.

Physiotherapy

The Physiotherapy department continued to provide a weekly service to the Penshurst and District Health Service. The physiotherapy department values the need to provide a quality care service in this area of the Western District region and endeavours to maintain the frequency of this service despite fluctuating staffing levels.

We continue to see residents of the Penshurst Nursing Home and Kolor Lodge, as well as inpatients in acute care and outpatients. Additionally, clients under the Transitional Care Program (TCP) in Penshurst were also seen to for weekly therapy.

The team continues to enjoy their time at Penshurst, and during this financial year our attending physiotherapists were Jane Morris and Kathy Guan. Thanks to the excellent team environment and well organised facility. We are looking forward to continuing this service into 2013/2014.

Women's Health

Sue Watt, WDHS' Women's Health nurse has held several pap smear days at the Penshurst campus during the last financial year with 15 women attending.

Women who have regular screenings are 90 per cent less likely to develop cervical cancer than those who don't. Many reasons are given for not attending for a pap smear including distance to travel, difficulty in obtaining suitable appointments as well as preference for a female practitioner.





Occupational Therapy

The Occupational Therapy department provides service to Penshurst and District Health Service on an as needs basis.

Occupational Therapy includes the following services:

- Inpatients -helping safe return to home for example rails, ramps and other equipment or teaching skills such as activities of daily living like cooking, showering to maximise independence, rehabilitation services.
- Outpatients/ambulatory care therapy, assistance with daily living skills, provision of equipment, assistance with returning to or staying at work including home visits.

- Aged care activities to maintain active living skills and independence. This includes residential aged care, planned activity groups to provide stimulation and opportunities for friendships, respite services for careers.
- Support groups to provide ongoing support for people with ongoing illness and for their careers eg respiratory support group, carer support group.

Belinda Payne

Manager Primary Health Services



Phuong Huyng Podiatrist



Claire Laferty Dietitian.











ADULT DAY ACTIVITY SUPPORT SERVICE (ADASS)

Planned Activity Group (ADASS) meets at the Sheppard Community Centre weekly on Thursdays to support frail aged and disabled residents in our community to remain active, achieve personal goals and provide meaningful social and recreational activities in a supported non-threatening group environment. The individual program addresses the physical, social, cultural, emotional and recreational needs of members and provides opportunities for social interaction and support.

The program is designed around choice and ability of members, and emphasis is on enjoyment and fun, improving self-esteem through independence, both socially and maintaining or improving physical and cognitive capacity. No wonder the Sheppard Centre comes alive with chatter & laughter on Thursdays'.

A strong focus is on members' capacity to continue daily tasks independently, reducing rate of functional decline, improving in health and wellbeing to remain living independently in their own homes. Planned Activity Group also provides support and respite for the carers of people attending the groups.

Changes to PAGS

Western District Health Service is moving towards merging two current programs from July 1st 2013:

- Adult Day Activity & Support Service
- 2. Hamilton House Day Centre

Members are adjusting well to small changes to the daily running of their program.

From the commencement of 2013, ADASS ceased to have recess breaks during the school holidays, providing a continual service for members.

The structure of the weekly program is changing to Person Centred Care, with members' choices being a primary focus for the day and smaller group activities. The program is now prepared monthly instead of 3 monthly, member meetings have been introduced and staff from across both departments are being rostered to work at all centres.

The other major focus being introduced is Active Service Model. This model focusses on doing with members not doing for members. This enables members to be actively involved in aspects of the day and encourages independence, assists in maintaining skills, mobility and self-esteem.

Highlights of the year

Members have had a full year of varied activities including chair based exercises, outings, guest speakers, theme days, active games, quizzes, concerts, community events, cooking, BBQs, music, craft, football tipping, trading tables, fashion parades and an overnight trip to Robe.

During the past year we have said farewell to many of our long term, dearly loved members who have relocated to other areas in Australia. We welcome new members to

fill the vacancies and look forward to building strong and long friendships with you.

Thanks

Staff and clients greatly appreciate the assistance of volunteers in transporting clients and helping on the day. The lives of our members' are enhanced and many wonderful opportunities are made possible with your support, assistance and friendship.

We sincerely thank the Hospital Auxiliary ladies for their ongoing support and to PDHS management and staff for your ongoing support and assistance.

Staffing

The staff vacancy after the resignation of Emma McLeod was filled by Stacey Walker in November 2012. We also welcome our casuals Judy Thornton and Wendy Waldron to the team and look forward to a long relationship with you.

Customer/Client Feedback

Satisfaction Surveys are conducted annually and after major events throughout the year. Responses reflect a high standard of service delivery and overall satisfaction with service provided by Planned Activity Group - ADASS.

Brenda Uebergang

Co-ordinator



Ray Lucas, Graeme Page, Norm Hatherall & Alex Rogerson



Pat Norris with St Joesphs school buddies.



Anna Martin receiving farewell gift



Year in review

HUMAN RESOURCES

STAFF OF THE PENSHURST AND DISTRICT HEALTH SERVICE JULY 2011 - JUNE 2012

CHIEF EXECUTIVE OFFICER:

JIM FLETCHER BHA, AFCHSE, CHE, MIPAA

MANAGER/DIRECTOR OF NURSING:

ALASTAIR DOULL RN MBA

NURSING

UNIT MANAGER

ANNE-MARIE WHEATON RN {(Ceased employment March 2013)

DIVISION 1 REGISTERED NURSES

VIVIENNE BRADLEY RN, OR Cert, RAN JANE BARTLETT RN AMANDA NAGORCKA RN

JOCELYN PATON RN, Dip Oncology (Ceased Employment 10.2.2013}

MAREE WEST RMRN, Dip Teaching (Nursing), B. Ed (Nursing), Cert. Hth Mgt, Grad. Cert. OH&S,

M Hth St (Gerontology), Masters of Palliative Care. (Ceased Employment 24.3.2013)

CAROLYN TEMPLETON RN, Cert. Ster & Inf Control, HepC/HIV counsellor, Nurse Immuniser. HEATHER KELLY RN {Ceased Employment 19.5.2013}

JUBY JACOB RN

JISHAMOL ABRAHAM RN

CAROL NIELD RN {Ceased Employment 24.4.13} **JULIE CARTER RN**

DZINTRA CLARKE RN

ENROLLED NURSES

DEBBIE WHITE KATE JACKSON JAN NICHOLSON LYN PEACH

MARGARET MEULENDYKS

KIM CAMERON

GAYE COLLINS {Ceased Employment | 1.2.2013}

KATE O'NEILL

SALLY CASEY {TEELOW}

SHANE KNEEBONE {Casual}

TERESA HOLMES **IOCELYN MIBUS**

STELLA SMITH

CASEY BURROW

NURSING ATTENDANTS

CHERYLE CASEY **JOY DARROCH** PAULINE McLEAN PAT WALKER {Ceased Employment 7.4.2013} **JOY LAMBOURN** LESLEY BARLING

PAULINE TEMPLAR (Ceased employment 13.1.2013) MARIE SHAW LAURA COLLINS SHONTELLE GUY

SUPPORT SERVICES

GENERAL SERVICES MANAGER

RHONDA HAMILTON

FOOD AND DOMESTIC SERVICE ASSISTANTS

LIZ EWING **BELINDA HILL** LEEANNE CAMERON NORELLE BENSCH KAY LINKE **ROBYN SMITH** LINDA SPEIRS DIEDRE MATUSCHKA BIANCA KELLY PRECY O'MEARA

EDUCATION

RUSSELL ARMSTRONG – Clinical Support Teacher TARA WEBB – Clinical Support Teacher

LIFE STYLE CO-ORDINATOR

MIRIAM JOHNSTON {Cease Employment 8-6-13} IRENE EDWARDS {Casual}

MAINTENANCE

HENNY SUDMEYER {Ceased **Employment** 8.11.2012} IAN PHILLIPS {Relieving} RICHARD CASEY

ADMINISTRATION ASSISTANTS

GWEN RENTSCH HEATHER McKENRY PATRICIA GRAHAM LEANNE WILSON {Casual}

ADASS CO-ORDINATOR

BRENDA UEBERGANG (ADASS Co-ordinator) MICHELLE MASLEN NICOLE LANDWEHR EMMA MCLEOD {Ceased Employment Nov 2012} STACY WALKER

STAFF SERVICE AWARDS

15 YEARS

HEATHER KELLY VIVIENNE BRADLEY KIM CAMERON **JOY DARROCH**

20 YEARS

LIZ EWING





Staff member RN Juby Jacob



Heather Kelly RN at WDHS 150th Celebrations 24th Nov, 2012



Pat Walker and Maree Shaw enjoying pancakes on Pancake Tuesday

NURSING AND ATTENDANT STAFF

How time flies, before you know another year has passed, and I can't believe how quickly the last year has gone.

I continue to be amazed by the immense warmth and high esteem with which the Penshurst District health Service is held by residents, patients, families and the greater community.

As with previous years, the local community is actively involved with supporting the health service in a multitude of ways. For example, through our volunteering program, many of our community members offer their time to assist our residents and families.

Caring for our elderly is an enormous responsibility. Many of our residents have several different medical conditions that require a high level clinical skills to ensure their needs are met. There are many team members involved in this process including our Medical Officer, Dr Abdullah, nursing and allied health professionals including physiotherapist, podiatrists, and dieticians and most importantly families' members.

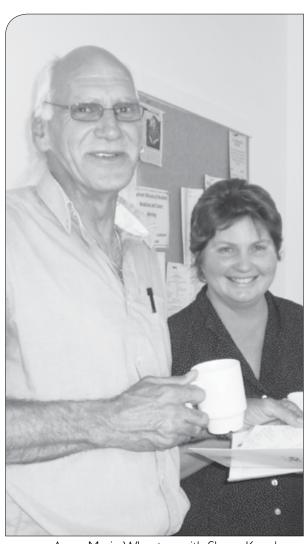
The Resident and Carers meeting has continued on regular basis throughout the year, and I would encourage everyone to attend this meeting, as it provides a really positive forum for all to come and discuss any matter that may be of interest.

The refurbishment of Kolor Lodge has commenced, and we are all looking forward to the new Kolor Lodge, and I would like to thank both Sandy O'Brien and the late Sheila Harrington for making this possible.

During the year we passed our Aged Care Accreditation in July 2012 and we received positive feedback from an Unannounced Support in May 2013 from the Aged Care Accreditation Agency.

Sadly, I would like to acknowledge the passing of some of extended family members and welcome the new members to our extended family.

Anne-Marie Wheaton and Alastair Doull Manager/Director of Nursing Nurse Unit Manager



Anne-Marie Wheaton with Shane Kneebone

HOTEL SERVICES REPORT

We all love our food, nothing is more appealing than being able to enjoy meals that are familiar or being able to offer foods that may evoke special memories, that is exactly what we try to achieve for our residents. We take pride in the fact that we not only provide nutritious meals, but aim to make meal times as enjoyable and as homelike as possible.

All our meals are cooked fresh daily on site, we have continued to rotate menu options in and out, as the seasons and residents needs have changed.

The residents also have the opportunity to provide feedback on menu choices through resident and carers meetings. The value of residents, family and staff input is always appreciated.

Environmental staff continue to provide a high standard in maintaining a clean and healthy environment for our residents. Regular cleaning audits are conducted, to ensure all guidelines are being followed.

Well done to all hotel and environmental staff on maintaining high level of standards.

Finally, Thank you to all volunteers that offer their assistance in delivering Meals on Wheels and to the Hospital Ladies Auxiliary for their wonderful fundraising and donations, we are very grateful.

Rhonda Hamilton

General Service Manager

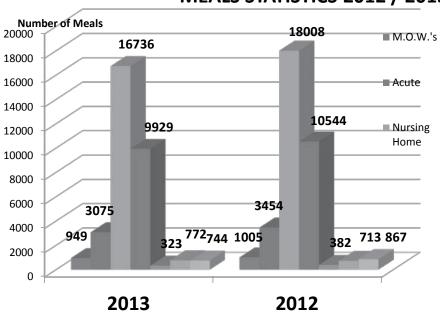


Hotel Services Staff member Bianca Kelly taking meal options from a resident.



Linda Speirs ensuring our high standards of cleaning are maintained.

MEALS STATISTICS 2012 / 2013









EDUCATION REPORT

The three year strategic plan for Aged Education continues, and has seen the inclusion of the Trifocal Model Care into this program.

Throughout the year, many of WDHS staff have continued to attend external education and conferences, which greatly benefits both our staff and residents.

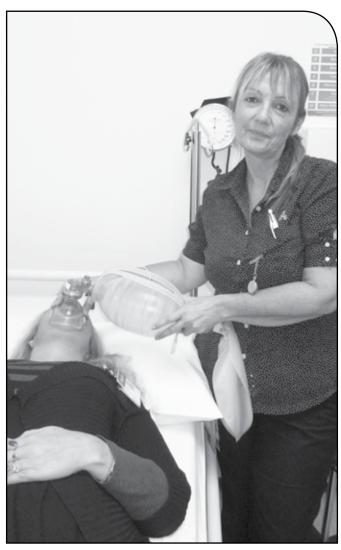
Staff have access to both online and practical educational sessions held at Hamilton, Coleraine and Penshurst campus. WDHS continues to increase the

number of competencies available online to our staff which allows staff to not only keep staff up to date, but also allows them to complete competencies at their own pace.

External Education sessions were also provided by WDHS to other health service providers.

I would like to welcome Carolyn Roe to our team who in 2013 joined WDHS as Practice Development.

Alastair Doull



Staff member Julie Carter training in CPR













LIFESTYLE REPORT

This year has seen Irene finishing in this role at the end of last year, and me (Miriam) taking the role for a period of time. It has been a steep learning curve with lots to learn, but the residents are just lovely, each and every one of them. We are naturally missing some that have passed, but left lovely lasting memories for us.

Like Irene, my focus is the individual needs of each individual in our Care which of course takes a little time to sort these out.

I believe we have some of the best support for our residents, provided by out AMAZING volunteers. The back ground volunteers provide items residents may require, or items to enrich their days, such as movies or digital photo frames to list just two. Or volunteers who enrich the residents environment, such as the magnificent constantly flowering gardens that residents can access and take flowers from, or plant in themselves. They also provide weekly items of interest to chat about, Bingo, games, activities, attention to nails, hand massages, Christian (or spiritual) support and regular Sing-a-longs. This contribution to the residents care, and dedication is just outstanding. How very very lucky we are to have such willing community members to support our residents.

Paid services such as Hair Dressing, Allied Health services such as Physio and Dietitian, and regular Music Therapy are still available for the holistic care of the residents, and those who choose to access them.

My arrival to the role was right at the lead up to Christmas. We were able to do some wonderful activities involving family and community. We had the annual Family & Residents BBQ for Christmas and were able to hold it out in the beautiful gardens, despite a little wind. This was well supported and offered residents a great feeling of value and well being.

We have continued the Community Connections by attending the Senior Citizens Bingo monthly, except a small break over January/February. This community connection offers great support for residents, by keeping them connected to locals and friends.

We have also been able to attend the new local Café, Bagdad Café. With the support of volunteers, I have been able to take residents who normally are not willing to go far on the bus, or on it at all, and to walk some residents down to the Café in their Wheelchairs, in order to keep them connected to the community, and offer the residents sensory enrichment.

For the residents who given the choice to go on the Bus and are able, we have had some wonderful outings. I have introduced an informal Women's Out & About also, as the Men's Out and About is already in place. (Sometimes we have some men come too) This is so the female residents do not feel they are 'missing out'

Individual spiritual needs are supported via regular Ecumenical Services with good support from residents, community and the Pastoral Care Team and by individual requests such as attending a funeral etc. Father Madden is still popping in regularly to the facility and this is important and valued by residents. A small informal Bible Study/Prayer session is also in the pipeline for those who choose to be involved, offering another avenue to meet needs.

I have also arranged and/or invited residents to participate in "in house" activities, such as an afternoon tea on a lovely day, Alistair McGillivray visiting, Anne McBaine's Band who attended the facility, pets that have visited and time just to

My planning has been aimed at personalized and individually catering for care requirements as I have discovered them with the view to providing residents holistic care whilst they are with us and I believe the photos speak a thousand words.



Miriam Johnston LIFESTYLE CO-ORDINATOR



Residents preparing for outing to Bagdad Café for afternoon tea



Residents Clarence & Ian enjoying a afternoon chat in the sunshine.



Residents enjoying afternoon tea in Kolor Lodge Gardens



FACILITIES AND EQUIPMENT

MAINTENANCE

Richard Casey started in March 2013 as the maintenance coordinator / handyman for the Penshurst site; he is also supported by Hamilton maintenance staff and local contractors.

Richard has adapted to his new role exceptionally well and will be a valuable member for WDHS in maintaining the site assets and repairs.

Tasks include essential service compliance, preventative maintenance schedules, grounds maintenance and ad hoc repairs as required plus arrange specialist trade contractors to respond as needed. All work requests are now submitted through an electronic system called BEIMS making it easier to track and follow up on maintenance tasks, on average approximately 100 plus work orders have been generated each month.

Regular scheduled visits to maintain ILU'S (Independent Living Units) owned by WDHS at Dunkeld (6 units) and Penshurst (4 Units) has been very successful in maintaining the units for the residents.

The capital works completed this year have been:-

- New Nurse call system installed by WDHS electrical staff which became operational March 2013.

- Resealing rear car park.
- Roof anchor points to Kolor Lodge.
- Refurbishment of Kolor Lodge has commenced which includes the 10 bedrooms, Nurses station, hand basins, repainting and Air conditioning installation. These works will be completed in August 2013 and have been funded by the very kind donations from Sandy O'Brien and Shelia Harrington.
- Repainting Sheppard Community Health centre.

We would also like to thank our local contractors who continue to provide excellent service and response for planned and emergency maintenance requirements as required.

Thanks also to volunteer Tony Auden who continues to provide outstanding service in maintaining the gardens.



Trevor WathenWDHS Facilities Manager



Richard Casey (Maintenance) painting one of our Nursing Home bedrooms.





The objective of this project was to refurbish Kolor Lodge, maintaining the homely environment that staff and resident have enjoyed for many years.

Work commenced 6 May 2013. When the project is completed each of the residents room will have been refurbished, including a second work area for staff, new drapes and carpets as well as a new televisions made possible by funds raised with the 2013 Murray to Moyne Cycle Relay.

The first 5 rooms have been handed over. After reviewing the finish of the first 2 rooms the scope of the project has been extended to include the replacement of the wall vinyl in the ensuites as the patch up outcome is far from desirable.

The cost of the extended scope of work is \$46,464 and will be funded from the Shelia Harrington bequest.

The internal painting of the Sheppard Centre has been included in the project at a cost of \$13,400 also utilising the Sheila Harrington Estate funds.

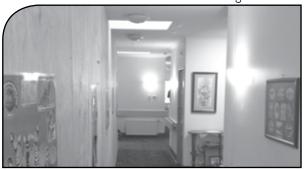
It is anticipated that all works including the wall vinyl to ensuites should be completed by September 2013.



Rupert Mirtschin Kolor Lodge resident, enjoying his refurbished room.



Kolor Lodge site access



Temporary wall in Kolor Lodge



Refurbishment of Rooms 6 & 7, Kolor Lodge



Pictured Neil Luhrs - one of Craig Collins builders



Refurbishment of Room 7 Bathroom, Kolor Lodge











MURRAY TO MOYNE CYCLE RELAY

After a very successful campaign in 2012, Penshurst again participated in the 2013 Murray to Moyne Cycling Relay Event. Once again, this wouldn't have occurred without the wonderful support of Mr Andrew Thornton.

Not only did Andrew the owner of Thornton Engineering sponsor Penshurst, but Andrew convinced several riders to join us including Tony Gurry from Hamilton and from Geelong Scott Grant, Rod Wright and Ken McMahon. Scott had ridden for Penshurst previously.

Some familiar faces also returned for this year's event Brenden Cottrill from Penshurst, Andrew Thornton and Scott Grant from Geelong, David Linke from Gazette, Jake Linke from Penshurst put his studies on hold for a weekend, Peter Ryan from Hawkesdale, Alastair Doull from Hamilton, Joy Lambourn from Glenthompson, and myself welcomed for the first time Judy Drane and Don Adamson both from Penshurst, Ken McMahon, and Rod Wright both from Geelong to our team.

The weather was perfect for the event, and we made it back into Hamilton on the Saturday night by about 9.30pm, and Scott Grant at one stage calculated our average speed at 39km/hr. Otherwise, apart from an incident involving Tony Gurry, are campaign was incident free.

I would to like thank, Ian Powlton, a team member from the Hamilton Bikers for providing both teams from WDHS a wonderful gourmet barbeque on the bank of the Murray River in Mildura on the Friday Night.

In addition, I would like to thank all of our sponsors, riders and support crew and volunteers who help make the 2013 Murray to Moyne Cycle Relay Event for Penshurst so successful and rewarding. For example, staff members sold raffle tickets at Hub in Hamilton and in the main foyer of the Hamilton Hospital, cooked a fabulous breakfast on the Sunday morning in Penshurst and provided accommodation for our team members. I would also like to thank lim Fletcher CEO WDHS and Lachy Patterson and his team at Community Liaisons, for their support, and Craig Richards, CEO Bicycle Network Victoria for being our guest speaker at our Presentation night held in June.

Our team consisted of nine very fit riders and a support crew of five. The riders trained very hard, at least twice per week. Our riders were Brenden Cottrill, Rod Wright, Jake Linke, Peter Ryan, Ken McMahon, Andrew Thornton, Alastair Doull, Scott Grant and Tony Gurry. Our support crew were David Linke, Joy Lambourn, Judy Drane, Don Adamson and myself.



" A Premier Moment" Riders & support crew with Premier Dennis Napthine

My fondest memories are of the team riding together in full uniform from Penshurst to Port Fairy, at the end shaking hands with the Premier, the excited look on Scott Grant's face when he calculated that we had an average speed of 39km/hr and when David Linke was acknowledged for 18th participation in the Murray to Moyne for Penshurst.

In 2013, the total fund raised was an incredible amount of \$19,500. Without the support of so many this would never have been achieved. From everyone at Penshurst and District Health Service I would like to thank everyone who supported us and made this possible.



Vivienne Bradley

Registered Nurse Division 1 / Volunteer support crew.

M2M PRESENTATION EVENING 12TH JUNE GUEST SPEAKER CRAIG RICHARDS - CEO BICYCLE NETWORK VICTORIA.

Craig loves being part of Bicycle Network Victoria because it's full of great people achieving things. He strives to make sure every member of the team contributes as much as possible.

Craig joined Bicycle Network as the General Manager of Marketing before becoming Chief Operating Officer in 2010, and now the Chief Executive Officer. He has also worked at the Carlton Football Club and Brisbane Broncos.

Craigs says" Bike riding is the best way to get the exercise you need to stay healthy and its ticks three big boxes in being fun, convenient and relatively inexpensive".

In steeping into the CEO role, Craig will focus on a number of key priorities to support existing and encourage new riders including:

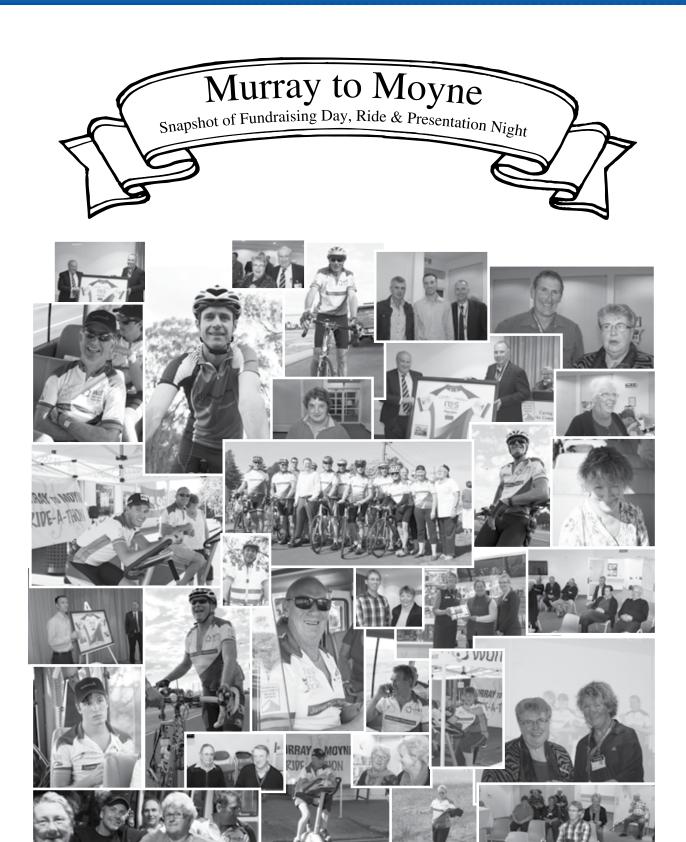
- Fixing roads and paths in existing communities;
- Building new communities to encourage active travel; and
- Making bike riding a seamless part of our everyday routine.

Growing up Craig was well known for roaming the neighbourhood on a 3 speed purple dragster; complete with a radio between the handlebars. He can now be spotted amongst the families on the bike paths and riding to work, fascinated by the array of motivations of bike riders. His golf clubs are gathering dust in the garage.

PENSHURST HOSPITAL LADIES



Craig Richards, CEO Bicycle Victoria, Guest speaker at Presentation night.













AUXILIARY

On behalf of the members of the Penshurst Hospital Auxiliary it is with pleasure and pride that I give you a report on their activities over the past 12 months.

The Auxiliary meet on the third Wednesday of each month at the Sheppard Centre and average 12 members in attendance.

The DON, Alastair Doull, joins us most months and puts forward his "Wish List " and gives us a very informative update or proceedings at the hospital.

Our main fund raising is still in the catering field. We thank all our volunteers cooks who supply an unending supply of great food . Their support is greatly appreciated and this enables us to keep our prices to a minimum, when catering for special events.

Some of our catering and fundraising feats were: the lunch at the Penshurst Show, Morning Tea at Market Days, Bendigo Bank AGM supper, Parties and Raffles and stall at the Christmas market.

We thank Stella Boots at the Penshurst Hotel for donating the proceeds of the Friday night meat raffle to us and to Kit Boyd for her generous donation to all catering functions.

We joined with other members of the Community in attending the Penshurst Lion's Annual Dinner and helping out at the Anzac Day morning Tea.

We have had various personnel from the Penshurst Health Service come to our meetings and explain their role in the health service. We are glad to support them in supplying equipment where needed to assist in their various roles for the comfort of the Health Care residents.

We have supplied a Digital photo frame for residents to view their photos on a much larger scale. We have pledged \$5,300 to have a suitable Sail erected over the garden outdoor area, and will help with the refurbishment of Kolor Lodge where there is a need. The Auxiliary are very happy to make \$2,000 available for the re-planting of a Rose Garden around the front entrances to the hospital and also supply suitable bird baths for the residents entertainment and amusement. Also to add to the great natural looking Christmas tree we provided some years back in the garden, we will supply funds to Alastair to purchase more decorations and lights.

To the ladies in the community and members of the auxiliary I thank you for your continued enthusiasm and support. It is greatly valued and appreciated and ensures the ongoing success of the auxiliary in the years ahead.



Margaret Eales
President Hospital Auxiliary



Auxiliary members Rosealie Schultz, Brenda Mirtschin and Janet Kelly



Margaret Eales and Judy Drane handing over donated Digital frame to Nurse Unit Manager Anne-Marie Wheaton





Volunteer Program – Penshurst District Health Service

The following is a summary of contact hours and activities for Penshurst District Health Service registered volunteers for the 12-month period, July 2012 – June 2013

A total of 17 individual Western District Health Service registered volunteers regularly provided and recorded the following service support hours over the period (July 12 – June 13);

- Volunteer Hours Total, Individual Contact 514.25
- Volunteer, Individual Contact Ave. hours per week 9.88
- Volunteer Hours Total, Group Contact Hours 398.5
- Volunteer, Group Contact Ave. hours per week 7.66
- Volunteer Hours other(gardening) 624

A sample of the activities and services provided by volunteers during the period include;

- Visiting resident for discussion, company, and support.
- > Walks.
- Reading to residents.
- > Crosswords, playing cards and games.
- Manicures and nail painting/presentation...
- Cooking sessions
- Art sessions
- Gardening
- Football tipping
- Music and singing.
- > spiritual activities
- Group activities eg Bingo.
- External outings.

Volunteers recorded an overall total of 1536.75 hours volunteer service support for the 12-month period July 2012 – June 2013. Equating to an average of 29.55 hours per week contributed by WDHS registered volunteers,

Jeanette Ryan

Volunteer Co-ordinator Western District Health Service

I wish to sincerely thank the following volunteers: Tony Auden, Audrey Burger, Wendy Block, Barbara Finlay, Katie Benson, Janet Shalders, Margaret Eales, Barry and Brenda Mirtschin, Myra Pohl, Catherine Hawkins, Trish Graham, Janine Mundy, Peggy Hussey, Agnes Edwards, Les and Jocelyn Paton, Jan Shaw, Don Adamson and Judy Drane.

Meals on Wheels

There are numerous individual and clubs who provide their time so generously for the delivery of meals on wheels to the frail and elderly of our community and although it would be difficult to individually name them, we wish to thank each and everyone for doing so.

Hospital Sunday

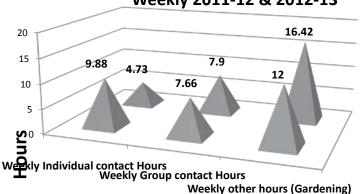
■ 2012-13 ■ 2011-12

Once again the Penshurst Community have displayed their generosity in their support of the hospital through the annual door knock appeal. The Penshurst community donated approximately \$ 10,455 towards the local health service to contribute to its ongoing development. Sincere thanks must go to our local collectors including: Gwen and Trevor Rentsch, Jenny Hutton, Lucy Cameron , Jenni Kinnealy, Jason Ritchie, Natalie Templeton and Don Adamson.



lanet Shalders dressed up for Australia Day.

Comparison of Total Volunteer Hours Weekly 2011-12 & 2012-13



Volunteer Jan Shaw with Sam the cockatoo.



Millions of reasons to celebrate Year of the Farmer

Penshurst welcomed the arrival of the Australian Year of the Farmer in 2012 which recognised one of the South West Victoria's most important and enduring industry sectors.

The region is home to approximately 120,700 people (ABS 2011), largest employing sector was agriculture, forestry and fishing (8525 people), which represented 15 per cent of the region's workforce.

In 2010-11 the gross value of agricultural production in the region was \$2.1 billion, which was 18 per cent of Victoria (\$11.6 billion): 36 per cent of the total value of Victorian milk production, 33 per cent of the total value of cattle and calves production, and 32 per cent of the total value of sheep and lambs production.



Sue Brumby, NCFH, AlastairDoull, Tom Gubbins Farmer of the year 2012



Kerry Martin & Jenni Kinnealy



Mary Johnson, Pauline Templar (Front) Mr & Mrs Semens (Back)

"The national campaign will celebrate the many types of farming and its importance in our everyday lives," Director of National Centre of Farmer Health, Sue Brumby said.

"Farming remains critical to our future, in terms of producing what goes on to our dinner plates and keeping rural and regional communities alive and prosperous," Ms Brumby said.

"Our farmers are world leaders in farming innovation and quality food production remains an issue of national importance to everyone" Ms Brumby said.

Year of The Farmer celebrations will bring together rural and urban communities, schools, farming organisations, suppliers and consumers in an annual program of events, initiatives and educational programs which will be rolled out across the nation.

Source: Great South Coast Group Agricultural Data Project Report 2013.



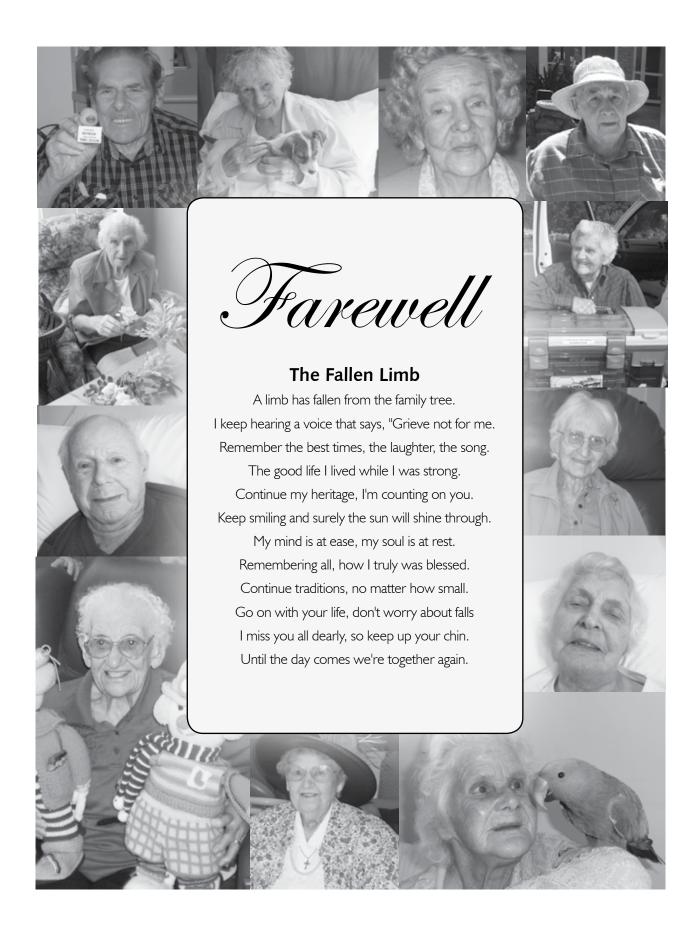
Jim Fletcher



Attendees at the celebrations of the year of the farmer



Colin Mirtschin & Tim Morton













THANK YOU FOR YOUR DONATION

Allan | Myers AO QC

RES Australia

Thornton Engineering Bendigo Bank, Dunkeld Kellys Merchandise, Penshurst

lames Dean Pharmacy, Hamilton

Royal Mail Hotel, Dunkeld Cogger Gurry Accountants Worley Parsons Services Pty Ltd

Hospital Ladies Auxiliary

First State Super Sheila Harrington

Grampians Regional Community Enterprises Ltd.

D. & D. Alstin Rod Bell Todd Barnet S.W & J. E Bartlett Steve and Jodi Bennet

N. Bensch

Bethlehem Lutheran Church Tabor

Mr. Clinton Burger Mr. Alex & Mrs. Kit Boyd Johnson and Cameron Mr. And Mrs. Glen Cameron Mr and Mrs Henry Cameron

Mrs. Cheryle Casey Mrs. Flo Collins

Combined Churches Community Carols Committee

Cogger Gurry Accountants

Mrs Kathleen Cook

Coolibah Penshurst Pty. Ltd

Brenden Cottrill Mrs. Joy Darroch

Mr. Hugh Delahunty MLA

Dallas Doulton

Mr. And Mrs. Kevin Doyle

Daryl. Edwards Mrs. Barbara Finlay Fishers IGA {Hamilton}

lim Fletcher Dr. Doug Fleming Neil Ford

Mr. Tony Gurry (A.J. Gurry Family Trust)

John and Jill Graham Hawkesdale CWA

Peter & Jane Heazlewood

Mr. and Mrs. Chris & Sarah Hines

Mardi Holmes Hutton Partnership L.C. James

Evan and Janet Kelly

Barry King John King

Mr and Mrs W.J. Kinnealy

Joy Lambourn David Linke

Zoe Linke

Mr. & Mrs. Greg and Angela Linke

Mr and Mrs. P. Linke

Mr. Neville Linke

B.J. Lyons

K.J., A.D. & A.G. McDonald

Mr. And Mrs K. Mibus

Mr. & Mrs. Stuart and Heather McKenry

Mr. Tim Morton Mrs. Rhoda Mirtschin

Mr. Colin and Mrs Kath Mirtschin

Mark & Jodie Nicholson {Stanich Partnership}

Mr. L. Des (Sandy) O'Brien

H. Jack Page A.J. Page Electrical

Page Livestock and General Transport, Penshurst

Mr and Mrs Richard Page Mr and Mrs James Peddie Penshurst Fire Brigade

Penshurst Hospital Ladies Auxiliary

Penshurst Hotel Myra Pohl

Darren and Joanne Rentsch Trevor and Gwen Rentsch Scott & Narelle Rentsch Mr. And Mrs Simon Rentsch

Mr. John Rentsch

Mr. And Mrs. A. Rentsch

Mr. Alan Rentsch

Mr. And Mrs. Peter Rentsch

Mr. G. Richardson Neil and Irene Ross Thelma Ryan

Ryan Pastoral, Hawkesdale

Wayne Sanderson

M. Shaw Stella Smith Mrs Mary Sparks Mrs. Betty Symes South Kolor Partnership R.D. & J.A. Steele Warren and Anne Steele

Tabor Ladies Guild Ted Finchett Pty. Ltd, Hamilton

Tintaen Partnership Helen Trahar

G.L. Tonissen

Leigh and Natalie Uebergang John and Debbie Uebergang

Mr. & Mrs. Val and Gordon Walkeden

Mr. And Mrs John Watson Mr. And Mrs John Watt Peter & Maree West

Rod Wright













GIFTS IN KIND:

Don Adamson Mr. Tony Auden Katie Benson Mrs. Wendy Block Vivienne Bradley Helen Brown Mrs. Audrey Burger

Lucy Cameron Sally Casey Brenden Cottrill Mrs. Joy Darroch **Dunkeld Red Cross**

Mr. Alastair Doull Judith Drane

Mrs. Margaret Eales (Margie's Melodies)

Mrs Kath Edlich Agnes Edwards Irene Edwards Mrs. Barbara Finlay Mrs Kathleen Golding Mrs Trish Graham

Scott Grant Tony Gurry

Mrs Linda Hatherall Rhonda Hamilton Catherine Hawkins Teresa Holmes

Hospital Ladies Auxiliary Mr. Brian Humphrey

Peggy Hussey Jenny Hutton Mr. Rick Jacobson Miriam Johnston

Mrs Janet Kelly Jenni Kinnealy Diane Lemmon Mrs. Joy Lambourn Mr. David Linke Mr. Jake Linke Kay Linke

Coral Luke David Mayes

Barry & Brenda Mirtschin

Mr. Anthony Page Les & Jocelyn Paton Penshurst Lions Club Mrs. Myra Pohl

Vera Raitt

Gwen & Trevor Rentsch Mr. Alex Rogerson Mrs. Irene Ross Mr. Peter Ryan lason Ritchie Janet Shalders Jan Smith Stella Smith

St. Joseph's Primary School

Tabor Male Choir Natalie Templeton Mrs Mona Templeton U3A Celtic and World Band Mr. Andrew Thornton Jane Van Herpen Wes Walter

Anne-Marie Wheaton

Wesley College String Ensemble & Choir

There are many individuals who give their time or other gifts in kind (including donations, sponsorships and assisting fundraising functions. Your efforts are greatly appreciated.



PROFILE - DR. LINNY KIMLY PHUONG



GUEST SPEAKER - 2013 ANNUAL MEETING

Dr Linny Kimly Phuong was one of the State Finalists for Young Australian of the Year for this year. Linny is the Founder and chair of the Water Well Project (www.thewaterwellproject.org), a not-for profit organisation, made up of volunteer doctors and allied health professionals, which delivers interactive health sessions to refugees and migrants throughout Victoria. The aim is to improve the health of migrants and refugees by improving their health literacy, so that they can better access effective health care and services, and engage more effectively with the complex Australian healthcare system.

Linny is currently a Paediatric trainee at the Royal Children's Hospital, and is working towards becoming a Paediatrician, sitting her first round of exams in Feb 2014. In addition, to The Water Well Project, she is doing a part time Masters in Public Health and has been an active member on many medical committees-including Co-Chair for the PMCV Junior Medical Officers Forum, Secretary for the Victorian Medical Women's Society and a committee member of the AMA Doctors in Training Subdivision.







Penshurst and District Health Service

Revenue and Expense Statement for the Year Ended June 30, 2013

	2012/13 \$	2011/12 \$
Revenue		
State Government Grants	1,707,387	1,689,671
Patients Fees	1,591,843	
Other Revenue	135,710	118,967
Transfer of Aged Care Capital Revenue	-	-
Total Operating Revenue	3,434,940	3,447,846
Expenditure		
Salaries & Wages	2,728,349	2,795,496
Direct Expenditure	212,223	206,548
Overheads	497,286	441,585
Total Operating Expenditure	3,437,858	3,443,629
Operating Surplus	(2,918)	4,217
Capital Items		
Fundraising and Donations	110,413	479,563
Ingoing Residential Charges - Aged Care	211,321	223,859
Transfer Aged Care Capital Revenue	-	-
Capital Grants	28,000	72,000
Capital Interest	26,132	-
Depreciation	(286,899)	(271,854)
Health Service Result	86,049	507,785

Statement of Changes in Equity

7,216,259	6,708,474
86,049	507,785
-	-
7,302,308	7,216,259
	86,049



Penshurst and District Health Service

Balance Sheet as at June 30, 2013

	2013 \$	2012 \$
Equity		
Accumulated Surplus / (Deficits)	6,346,335	5,756,923
Asset Replacement Reserve	465,882	461,025
Asset Revaluation Reserve	459,882	459,882
Specific Purpose Reserve	30,209	538,429
Total Equity	7,302,308	7,216,259
Current Liabilities		
Payables	-	-
Employee Entitlements	484,783	512,138
Monies Held in Trust	814,681	964,261
Total Current Liabilities	1,299,464	1,476,399
Non Current Liabilities		
Employee Entitlements	100,047	89,016
Total Non Current Liabilities	100,047	89,016
Total Liabilities	1,399,511	1,565,415
Total Equity and Liabilities	8,701,819	8,781,674
Current Assets		
Cash at Bank	1,849,414	1,900,032
Investments	536,708	426,473
Receivables	72,554	57,031
Monies Held in Trust	814,681	964,261
Total Current Assets	3,273,357	3,347,797
Non Current Assets		
Land, Buildings, Plant & Equipment	6,620,083	6,423,136
Accumulated Depreciation	(1,191,621)	(989,259)
Total Non Current Assets	5,428,462	5,433,877
Total Assets	8,701,819	8,781,674

