



## CORPORATE IDENTITY

### HISTORY IN THE MAKING

Originally, the district was serviced by a Bush Nursing Hospital located in Cobb Street, Penshurst. This building remains and is currently the home of Marie and Diane McDonald. In the early 1950's, Dr. Watt in Penshurst and Pastor Wiebusch of the Tabor Lutheran Church were concerned that a need for a local hospital existed in Penshurst as patients requiring treatment were usually sent to Hamilton Base Hospital. To expedite a hospital project for Penshurst, they set up a committee including Mr. R. Schramm, MBE, Mr. C.G. Ross and Mr. J. Ryan to work toward the construction of a health care facility.

Leased Crown land at the Eastern end of Watton Street had been set aside for a hospital building, however, it was considered unsuitable. Mr. J.O.W. Smith donated a parcel of land presently occupied by the Hospital and additional land to the east of it, which has subsequently been sold.

Construction of the new hospital commenced on 15th August 1955, and the first patient was admitted on the 24th of July 1957. The cost of constructing and furnishing the new five-bed hospital was 46,567 pounds, of which a portion was paid by money raised by the community. A Government Grant paid for the remainder.

- August 1972, work commenced on a four-bed extension to the hospital, bringing the total to nine acute beds. This extension was funded by a Government Grant and completed in January 1973.
- 1984 brought the cessation of theatre operations, with patients then travelling to the Hamilton Base Hospital or elsewhere for surgery.
- January 1987 saw work commencing on an extension to the Hospital to provide a 10 bed Nursing Home wing. The extension resulted in a reduction of the acute beds from nine to seven. In November 1988, the first residents were admitted to the new nursing home. To recognise the efforts made by a Board of Management member, Mr. W.J. Lewis, in securing approval and funding for the project the 10-bed wing was named the W.J. Lewis Wing. The cost of the extension was \$ 528,102 of which the community raised nearly half.
- 1989 the Victorian Nursing Council reviewed the facility's midwifery services and recommended to the Health Department that, due to the hospital's inability to attract sufficient qualified midwifery staff to cover the service on a 24 hour basis, midwifery services be discontinued. This recommendation was accepted by the Department and subsequently, Penshurst's midwifery-based service ceased.
- 1992 builder Mark Uebergang converted the Boardroom to a patient care area. The room was designed to provide a service to patients with special needs. Funds for the project were provided through community support given to the Murray to Moyne Bicycle Team. The room's amenities and privacy is greatly appreciated by patients and their families. A bequest from the family of the late Mr. A. Uebergang provided furnishings for the room.
- 1994 the former Labour Ward and Emergency Room were converted into two 2-bed rooms with ensuites designed by Robert Miles of Mount Gambier and rebuilt by Mark Uebergang of Penshurst. This facility enabled the hospital to "bid" for the nursing-home type beds being re-allocated within the sub-region, and the nursing home capacity was subsequently increased to 16 residents.
- 1994/95 the Hospital's Board continued to work with the Shire of Mount Rouse and subsequently the Southern Grampians Shire (following Municipal amalgamations), to develop a total aged care and accommodation project based in Penshurst and extending to Dunkeld and Glenthompson. This project provided 2-bedroom cottages on two sites in Penshurst and Dunkeld and a 20 bed Hostel.
- February 1995 major fundraising commenced following a resolution by the Board to undertake a major redevelopment of the Hospital. Over 3 years funding in excess of targets enabled the renovation to be undertaken. In addition to the local funds, \$ 160,000 (Rural Taskforce Grant) was provided by the State Government towards the redevelopment.
- Late 1995 the Board reconsidered the Hostel design and concluded that redesign was necessary to accommodate changing aged care needs and the associated funding models offered by the Commonwealth Government.



- 27th April 1997 the Hon. D. Napthine opened the newly developed 16 bed Nursing Home.
- May 1997 construction commenced on the 10 bed Kolor Lodge Hostel.
- February 1998 the Hostel was completed and the first residents were admitted. The Hostel provides single accommodation with ensuite bathrooms. There is a large sitting room and dining room with two other guest/quiet areas.
- September 1998 the Sheppard Community Health Centre was completed. A bequest from the estate of the late A.A. Sheppard together with a HACC Grant of \$ 200,000 enabled the construction of this facility. The Centre continues to be a benefit to the community providing a facility for Adult Day Activity Support Services, Allied Health Accommodation and as a venue for many outside organisations to utilise.
- January 1998 a bus was purchased for the use of Nursing Home and Kolor Lodge Residents to undertake outings as a group. The bus was replaced with a new model in 2006.
- July 1, 1998 the Western District Health Service was formed whereby the Penshurst and District Memorial Hospital became Penshurst and District Health Service – a member of the Western District Health Service.
- July 1998, the Penshurst and District Health Service received Rural Healthstreams funding approved by the Victorian Department of Human Services. Healthstreams is a service and funding model that encourages flexibility in the design and delivery of a diverse range of primary health services. Resulting in a more responsive, flexible and comprehensive health care system, which encourages co-operation between public health services, local private sector providers and hospital based services.
- December 2004 and February 2005 Fifth and sixth Dunkeld Independent Living Units completed.
- June 2005 New Water Treatment Plant installed at Penshurst Campus (filtering entire site)
- June 2006 Diesel powered Emergency Generator installed.
- 2006 and 2009 Achieved Commonwealth Aged Care Accreditation (3 years)
- October 2007 Celebrated Penshurst Hospital 50th Anniversary

## RECENT CHANGES AND ACHIEVEMENTS

- 2009/2010 Top 5% Press Ganey Patient Satisfaction Survey
- 2009/2010 Environmental Safety Audits compliance.
- May 2009 Achieved Australian Council of Health Care Standards Accreditation (4 years).
- 2009 Upgrade to Nursing Home Dining Room, Acute Rooms and Garden Area (Stage 1 master Plan Upgrade). Official Opening held in December by Mr. Hugh Delahunty MLA, Member for Lowan.
- June, 2011 Completed upgrade of new Laundry area.
- July, 2011 Successful Australian Council of Health Care Standards Periodic Review
- Dec , 2011 Completed upgrade to the kitchen and installation of a new walk-in cool room
- Feb, 2012 Renovations completed on the Staff sleep-over room, made possible by the Ladies Auxiliary
- April, 2012, Participation in the Murray to Moyne Cycle Relay Event, raising \$21,100
- June, 2012, Murray to Moyne Presentation Night
- July, 2012, Participation in the Trifocal Model of Care, with Deakin University, Southern Health and Cabrini Health
- July, 2012, Celebrations of the Year of the Farmer
- July, 2012, Achieved Commonwealth Aged Care Accreditation for 3 yrs

## HONOUR ROLL OF THE PENSHURST AND DISTRICT HEALTH SERVICE

### LIFE GOVERNORS:

MR. G.G. BURGER \*  
 MR. T.A. RENTSCH  
 MR. E. COTTRILL \*  
 MR. J. RYAN \*  
 MR. F. DUNKLEY \*  
 MR. F. SCHRAMM  
 DR. L. JENKINS  
 MR. R. SCHRAMM \*  
 MRS. E. KINNEALY \*  
 MR. J.O.W. SMITH \*  
 MR. W. LEWIS \*  
 MRS. H.M. LINKE \*  
 MR. A. THORNTON  
 MR. H. MIRTSCHEIN \*  
 Pastor E.W. WIEBUSCH \*  
 MR. N. KRUGER  
 MR. A. COTTRILL \*  
 MR. T.D. HUTTON  
 DR. J.D. FLEMING

### PRESIDENTS OF THE BOARD OF MANAGEMENT:

1956-1959 Pastor E.W. WIEBUSCH \*  
 1959-1961 Rev. C.A. GIBSON\*  
 1961-1966 MR. R. CHESHIRE\*  
 1966-1969 MR. J.G. RYAN \*  
 1969-1974 MR. K. CROPPER \*  
 1974-1977 MR. G.G. BURGER \*  
 1977-1988 MR. W.J. LEWIS \*  
 1988-1994 MR. T.A. RENTSCH  
 1994-1998 MR. T.D. HUTTON

### CHAIRPERSONS OF THE ADVISORY COMMITTEE

1998-2000 MR. R. GREIG  
 2000-2007 MR. P. HEAZLEWOOD  
 2007-2009 MR. T. NIEUWVELD  
 2009-pres MR. L. PATON

### MATRONS / DIRECTORS OF NURSING:

1956-1957 MRS. J. CHESSWAS \*  
 1957-1958 MRS. E. FAIRHURST  
 1958-1959 MRS. A. PITT  
 1959-1960 MS. M. HIGGINS  
 1960-1966 MRS. E. WILSON \*  
 1966-1971 MISS. S. MURPHY  
 1971-1975 MRS. J. FLYNN \*  
 1975-1978 MS. A. BLACK  
 1978-1979 MRS. G. HARRINGTON  
 1979-1984 MRS. M. JEREMY \*  
 1984-1987 MR. J. DRUMMOND  
 1987-1992 MS. E. DUCKMANTON  
 1992 MS. C. FRECKLETON (Acting DON) \*  
 1995 MRS. N. GASH (Acting DON 5mths)  
 1999 MRS. C. TEMPLETON (Acting DON 3 mths)

### DIRECTORS OF NURSING / MANAGER:

1992-1995 MS. M. DADSWELL (DON/Administrator)  
 1995 MS. J.A. DAMS (Honorary Administrator 5 mths)  
 1995-1998 MS. J. ROSS (DON/Administrator)  
 1998-1999 MS. J. ROSS (Manager/DON)  
 1999-2003 MRS. J. BURTON (Manager/DON)  
 2003 MRS. J. PATON (Acting Manager/DON 3 mths)  
 2004-2008 MR. D. CLARKE (Manager/DON)  
 2008-2010 MR. D. MALONE (Manager/DON)  
 2010-2011 MRS. J. PATON (Acting Manager/DON 6 mths)  
 2011-pres MR. A. DOULL (Manager/DON)

### NURSE UNIT MANAGERS:

2002-2003 MS. A. O'BRIEN  
 2003-2011 MRS. J. PATON  
 2008 MRS. B. JOOSEN (6mths)  
 2011-pres MRS. A-M WHEATON

### MEDICAL PRACTITIONERS:

1956-1958 DR. J.P. WATT \*  
 1958-1963 DR. R.J. LEITCH \*  
 1963-1970 DR. A.I. MacKINNON  
 1970-1982 DR. L. JENKINS  
 1982-1985 DR. A. ARKELL  
 1985-2006 DR. J.D. FLEMING  
 2006-2011 DR. M. FORSTER  
 2008-Aug 08 DR. J. BANERJI  
 2010 -Pres DR. M. ABDULLAH

\* Deceased



## QUALITY IMPROVEMENT

### SUMMARY OF ACHIEVEMENTS 2011 / 2012

Penshurst and District Health Service (PDHS) has continued to ensure our services are directed towards meeting the needs of our consumers, including residents, patients, and the community at large. In collaboration with the other departments of the Western District Health Service, we have maintained a broad range of services that are accessible, timely and provided in accordance with the priorities outlined in our Operational Plan.

#### Corporate Identity

- The Manager/Director of Nursing attended a range of meetings representing the Health Service.
- Ongoing fundraising during the year has greatly assisted our goal of continually enhancing and upgrading our facilities.
- Regular contribution to the Penshurst District News

#### Performance Monitoring

- Penshurst Nursing Home and Kolor Lodge Hostel continued to remain fully compliant in all 44 Expected Outcomes under the Commonwealth Aged Care Standards when an accreditation survey was conducted in August 2009. The facilities were re-accredited until 30 October 2012. In accordance with revised practices, the Aged Care Standards and Accreditation Agency Limited also undertook unannounced Support Contact Visits in March, 2011, with full compliance maintained.
- All new staff and postgraduate nursing students on placement at the Health Service participate in a structured orientation program specific to our facility.
- Any new or updated Policies and Procedures are conveyed to staff via Staff / Quality Improvement Meetings and Memoranda.
- Results of Quality Activities are discussed at all relevant meetings and publicly displayed in linkway on "Quality Matters" notice board.
- Our Internal Cleaning Audit results have continued to meet the benchmark throughout the year.
- PDHS continue to participate in the DHS PSRAC Quality of Care Performance Indicator ongoing monitoring program.
- Full compliance was achieved with an External Food Safety Audit conducted in January 2012.
- Investigation of all complaints was initiated within 24 hours of receipt.
- Press Ganey Patient Satisfaction Survey – Achieved in top 5% of Australian facilities.

### Quality Improvement and Risk Management Initiatives

- Staff completed "CPR, Fire, Evacuation" competency refresher education.
- Falls risk minimisation plans have been implemented for residents identified at risk.

#### Service Planning and Development

- Adult Day Activity Support Service (ADASS) attendance rates maintained.
- Active Penshurst Strength Training Sessions for Older Adults were provided at Penshurst.
- Regular Maternal and Child Health Clinics were conducted at Penshurst
- Completion of the 3 year Sustainable Farm Families in conjunction with the Penshurst Football Netball Club.
- Preventative Health Plan developed.
- WDHS Strategic Plan 2011 – 2016 completed.

#### Human Resource Management

- PDHS continues to participate in the Western District Health Service Registered Nurse Division One and Enrolled Nurse Graduate Program and a rotation program for second year nursing graduates.

#### Facilities and Equipment

- Digital television
- New washing Machine for Kolor Lodge
- New walk in cool-room
- New PA system

#### Information Management

- Trend Care implemented to assist with rostering.
- On line booking system for visiting Allied Health services.
- Intranet and Internet access available to all staff.
- Webmail emails now accessed by all staff from home.

#### Financial and Service Activity

- Activity targets were achieved.
- Penshurst Nursing Home and Kolor Lodge Hostel occupancy maintained at high levels throughout the year, with waiting lists for both facilities.
- A favourable End of Year financial result, with a small operating surplus.





## Performance Monitoring

The facility participates in numerous audits both internal and external to ensure a high standard of services are provided across the organisation.

*Internal audits measure performance:*

1. Across the 44 Aged Care expected outcomes and are benchmarked against the other 4 WDHS aged care sites
2. Monitoring security processes within the organisation.
3. Cleanliness of all service areas within the organisation – reported at WDHS level
4. Food plan and kitchen services

*External audits include:*

1. Department of Human Services benchmarking (KPI program)
2. Food plan and kitchen services (Shire Council)
3. Fire safety audit

In addition to ensure quality services can be provided by the organisation the facility keeps a record of and reports on all comments, complaints, compliments and opportunities for improvement suggestions.

Feedback to the organisation is promoted through resident and relatives and staff meetings all of which are held on a monthly basis.



## INFECTION CONTROL

The infection control program remains effective for Penshurst and District Health Service with no outbreaks of infections reported over the past 12 months. The infection control consultant visits the facility monthly, to attend the cleaning audits, hand hygiene observations, deliver education and consult on infection control and prevention issues.

Clients with signs and symptoms of infections are investigated and tracked. If the client's condition meets the McGeers criteria, an electronic infection record is formulated, the VMO notified and Antibiotic therapy commenced if indicated.

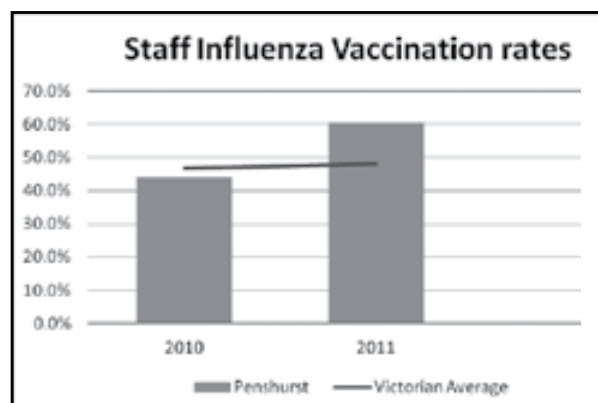
Antibiotic stewardship or responsible use of antibiotics, is receiving increased focus as the number of antibiotics available for treatment, decreases. Resistant strains of bacteria are emerging in our health facilities and also from specific communities throughout Australia.

A riskman is completed for all Health Care Acquired infections. The data is reviewed, analysed and preventative measures implemented when necessary.

Data is also collected for statistics and compared against other facilities of similar size.

### Improvements /Achievements

- Implementation of the Quick Safe sharp containers.  
These sharps containers were introduced in May 2011 due to an increase in needle stick injuries obtained by staff from novo pen needles. There has been, no needle stick injuries from novo insulin pens, since the implementation of this specific sharps container.
- Influenza vaccination rates:  
*Direct care staff*  
2010-44% VICNISS aggregate 46.8%  
2011-60.4% VICNISS aggregate 48.2%



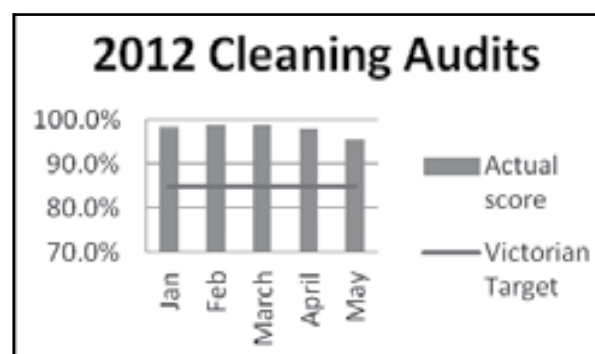
Many audits are conducted throughout the year across the facility. The process of auditing and continuous improvement, identify areas where improvements are required to maintain Australian standards and state guidelines.

- Hand hygiene observation results:  
2011-76% National rates - June 2011 -71.3%  
2012-75% -March 2012 -73.8%

This audit measures the hand hygiene moments successfully completed from all moments observed. Audits are conducted annually, with data submitted to Hand Hygiene Australia.

- Jewellery audits note compliance to the uniform policy
- 2010- 87% 2011- 87%
- Internal and external cleaning audits

All audit results received a rating over 95.4% (minimum expected levels is 85%)



- Upgrade and relocation of the laundry.  
This enables the flow of contaminated personal clothing through the washing process to the clean area.
- Introduction of Tuffie 5 disinfectant wipes.  
These wipes are a onestep clean for patients in isolation. This saves time when cleaning as the previous process for cleaning was a three step process.
- Standardisation of all wound products across WDHS.  
There is >2000 products on the market which can be confusing to staff when identifying which product to chose for specific wounds. A standard group of wound products are now kept on site at Penshurst and products for more complex and specialised wounds can be ordered in as required.

**Carolyn Templeton**  
Infection Control

## LEADERSHIP AND MANAGEMENT

### REPORT OF THE ADVISORY COMMITTEE CHAIRPERSON

The Advisory Committee's function is to liaise and advise Western District Health Service and the community to ensure that our services are directed toward the elderly residents of this community. We are responsible to deliver a wide range of services to our Patients, Clients and Community.

So in having said that. There are many volunteers that without their input many items of equipment would never have been purchased. So a great big thank you to the Ladies Auxiliary and other persons.

Two substantial donations were made by Mr. Sandy O'Brien, his generosity is much appreciated. The Western District Health Service was originally going to use these monies to complete all works associated with the master plan, but unfortunately our application has been declined by the Commonwealth. Therefore, we are looking at different avenues to use Mr. O'Brien's gift and our Architects are working on other ideas suitable to ensure Mr. O'Brien's gift can be honoured.

The staff deserve a commendation. This campus is only as good as the shoulders it sits on. In this instance it is the conscientious efforts of the staff: Nurses, Kitchen Staff, Cleaners, Office Staff, Maintenance and Volunteer Gardner. They all deliver the service we aim to provide. Thank you to you all.

It is pleasing to see that our medical clinic and other services provided by the health service are well utilised by members of our community, the time spent with our clients is time well spent and clients look forward to each visit.

Thank you to our volunteers who give their time unstintingly.

I take this opportunity to thank my fellow committee members and the management of Western District Health Service for their support.

In conclusion we look forward to continuing to provide our patients and clients with a high level of satisfaction and care.

For 2013 – thank you.

**Les Paton,**

President.



*Les Paton - Chairman*



## ADVISORY COMMITTEE OF MANAGEMENT

The Penshurst and District Health Service Advisory Committee comprises members of the community who are appointed to advise the Western District Health Service Board on issues in relation to the Penshurst Community and District on health needs and services.

The Advisory Committee's operation is governed by the by-laws, rules and standing orders of the Western District Health Service.

### Functions of the Advisory Committee

The functions of the Committee as authorised by the Board are:

- Review the performance and operations of the Penshurst and District Health Service.
- Be responsible for service planning, service delivery and service quality activities for the Penshurst Community and make recommendations to the Board of the Service.
- Make recommendations on the strategic plan of the Service (so far as it relates to Penshurst and District Health Service) to the Board of the Service.
- The Committee conduct bi-monthly meetings.

The Advisory Committee are grateful for the assistance provided during the past year by Mr. Jim Fletcher, Mr. Pat Turnbull, Mr. Richard Staude, Mr. Nick Starkie, Mrs Gabrielle Baudinette and staff of the Finance Department of the Western District Health Service in reviewing and planning performance, and Jenny Hutton the WDHS Board representative on the Advisory Committee.

### Community Advisory Committee Members



#### **Les Paton (President)**

Resides: Penshurst  
Commenced with  
Advisory Committee: 2004  
Term of Appt. 2010-2013

Les, now retired, was a butcher by trade, however found himself working in many positions over his working life. These included: a Road and Civil Construction Contractor, Sales Manager for Forestry Equipment Machinery, Demonstrator of Road/earthmoving machines and Heavy mining equipment and a Sales Manager for heavy mining equipment.

Les's community involvement includes the newly formed "Mens out and about program" (WDHS), a volunteer for the Penshurst Volcano Interpretative Centre, Meals on Wheels, Virtual Visiting, Driver for Adults Day Activity Support Service (ADASS), He is also a member of the Senior Citizens Association, the Penshurst Pastoral and Agricultural society, Advance Penshurst Association and the Friend of Kanowinka Geopark.



#### **Jenny Hutton**

Resides Penshurst  
Commenced with WDHS Board 2002  
WDHS Board representative on  
Advisory Committee.

Jenny was a Secondary Teacher from 1979 to 1986 and has been employed since 2000 as Head of marketing and Development at the Hamilton and Alexandra College.



#### **Mary Johnson**

Resides Minhamite  
Commenced with  
Advisory Committee: 2009  
Term of Appt. 2011-2014

Mary lives on a property south of Penshurst and is currently employed as Research Fellow at RMIT. Prior to this as the Acting Executive Manager Catchment Health with the Glenelg Hopkins CMA, along with holding the position of Director for Secretariat for International Landcare (11 Years). Mary previously worked with Heritage and Arts, Dept Agriculture, fisheries & Forestry (4 years) and with Rural Industries Skill Training Centre (5 years).

Other than her service on the PDHS Advisory Committee, she is also on the Committee of the Penshurst Football Netball Club, the Penshurst RSL and a member of the Mt. Rouse & District Historical Society.



#### **Margaret Eales (Vice President)**

Resides Penshurst  
Commenced with  
Advisory Committee: 2000  
Term of Appt. 2009-2012

Margaret, now retired, previously was employed as a Trainer Telstra Operator Assisted Services for 4 years prior to holding the position as Manager of Telstra Customer Service centre for 10 years.

Other than her service on the PDHS Advisory Committee, Margaret has held the positions as



Secretary of St. Joseph's parish Council, President of the Penshurst Hospital Ladies Auxiliary and Treasurer of the Penshurst Red Cross. She is currently still Secretary of the Penshurst Senior Citizens Club, President of the Caramut & District Garden Club, Committee member of the Penshurst Memorial Hall, Editor of the Penshurst News and a member of the Hospital Ladies Auxiliary and Advance Penshurst.



### **Tom Nieuwveld**

Resides: Tarrington  
Commenced with  
Advisory Committee: 2003  
Term of Appt: 2009-2012

Along with Tom's Service on the Advisory Committee he also holds the position as a Justice of the Peace and is a member of the local C.F.A.



### **Wendy Williams**

Resides Dunkeld  
Commenced with  
Advisory Committee: 2005  
Term of Appt. 2011-2014

Wendy spent approx. 35 years working for the Education Department of Victoria as a Teacher, Historian, Archives and Records Management Officer in Charge and Principal.

She currently operates her own company which does Consultancy for Schools producing Annual Reports and Reviews including Data analysis, contracts workers to the mining industry. She is also a civil Celebrant qualified to undertake Marriages, Namings, Renewal of Vows, Funerals, Grief and Trauma Counselling.

Other than her service on the Advisory Committee she holds the position as Secretary/Treasurer of the Dunkeld & District Historical Museum, Justice of the Peace and qualified Bail Justice and a volunteer for a variety of projects and Dunkeld Consolidated School.



### **Jenni Kinnealy**

Resides Penshurst  
Commenced with  
Advisory Committee: 2007  
Term of Appt. 2010-2013

Jenni has been a partner on the family farm north of Penshurst for approx. 30 years and is also a part time employee of the National Australia Bank (13 years).

Other than her service on the PDHS Advisory Committee, she is also a member of the Penshurst Hospital Ladies Auxiliary, Treasurer of the Penshurst

Pony Club, Examining Secretary of the Wannon Zone of Pony Clubs and Zone Assistant on DPI Panel for Wannon Zone.



### **Florence Graetz**

Resides Minhamite  
Commenced with  
Advisory Committee: 2005  
Term of Appt. 2008-2011 (Resigned Oct. 11)

Florence retired from Nursing in 2003 after 45 years, which included Remote Area Nursing at Tibooburra with 5 years of this as the Director of Nursing and relieving positions to cover leave.

In the 1970's and 80's Florence also worked part time night duty at Penshurst.

Florence presently helps run their farm at Minhamite and is also a member of the Penshurst Football Netball Club.



### **Don Adamson**

Resides Penshurst  
Commenced with  
Advisory Committee 2010  
Term of appt. 2010-2013

Don worked for 29 years with General Motors \ Electronic Data Systems, as an Information Security Officer and Computer room Supervisor, Despatch.

Don is currently semi retired, however employed part time as a Personal Care Assistant, driving a bus for the Disabled and Aged.

He is also very active in the local community, volunteering his time as a driver for the Adult Day Activity Support Service (ADASS), is a member of the Penshurst Show Committee and is still involved as a member of the Lions Club for 17 years also assisting with the local Penshurst Community newsletter.



### **Lucy Cameron**

Resides: Penshurst  
Commenced with  
Advisory Committee 2011  
Term of appt. 2011 – 2014

Lucy lives on the family farm with her husband and their little daughter, recently moving from Hamilton to Penshurst.

She has completed a Bachelor of Engineering (Hons), Adelaide University.



Previously, she worked for the Glenelg Hopkins CMA, as an Engineer/ Environmental Officer. Currently, she is helping her Husband with then Sheep Pregnancy Scanning business, and enjoying being a mum. She has also been a member of the RMIT's Next Generation Rural Leadership Group.

Other interests include farming, reading writing, cooking and travelling.

## MANAGER / DIRECTOR OF NURSING REPORT

In 2011, I concluded my report with;  
The last year was great for our health service and an exciting and prosperous time lie ahead.  
In my wildest imagination, I never thought these words would ring so true.

My introduction to Penshurst District Health Service (PDHS) has been fantastic. I have had the opportunity to meet some wonderful members of the community, and to work with a health service, who at a strategic level communicates effectively with a strong message to deliver exemplary health care.

To my Chief Executive Officer, fellow executives, Western District Health Service Board of Management, Penshurst's Advisory Members and our great staff; thank you for your support throughout the year. It's an honour to be the Manager /Director of Nursing of the Penshurst and District Health Service and a privilege to work with you. In particular, I would like to congratulate Rhonda Hamilton, who was nominated the WDHS staff member of the month in October, 2011.

We live and work in a vibrant, generous community and we are truly grateful to those who support us through volunteering and membership of one of our auxiliaries. During the year, Penshurst District Health Service received \$72,000 from the Victorian State Government to upgrade our Nurse Call System and Mr Leo 'Sandy' O'Brien showed an amazing amount of generosity by donating almost \$450,000 towards the health service.

The completion of extensive works to Kolor Lodge will be a major undertaking, with many challenges, as we will endeavour to continue to provide the highest quality of care throughout this period. This major achievement would not be possible without the wonderful support of Mr Leo 'Sandy' O'Brien. As with so many other years, once again, the Ladies Auxiliary continued their very hard work of raising funds for the health service.

In 2012, PDHS again participated in the Murray to Moyne Cycle Relay Event, and raised over \$21,000 for the health service. I would like to thank the riders, support, staff and volunteers who helped in raising this incredible amount of money.

Without the support of community groups like the Ladies Auxiliary, other individuals and organisations, like our major sponsors of the Murray to Moyne, we would not be able to provide such a high level of care. With the bar continually being raised in community expectations, improving our service delivery is integral to achieving best practice outcomes. Our participation in a number of accreditation processes ensures that we continue not only to meet, but exceed those expectations. Consumers and their families can feel confident that care is of the very highest standard, measured against Standards established by external accreditation agencies.

Penshurst District Health Service will continue to evolve, as change is vital to our ongoing history of providing appropriate health care to our community. Our staff embrace the challenge of seeking new initiatives, continually assessing the quality of their work to improve health outcomes. It is a pleasure to see their commitment. The focus of our planning has been about how we can best provide for the future needs of our health service. We have considered the changing demographics and health trends of the community, capacity building and the infrastructure needed to service our future development. In 2012, WDHS will form part of a consortium with Southern Health, Deakin University and Cabrini Health to participate in a three year project known as The Trifocal Model of Care.

The education component of the project emphasises three concepts; hence the name, the trifocal model of care. The three concepts are developing Person -Centred Care; Building a Positive Work Force Environment; and Providing Evidence -Based Practice? For PDHS, this means that we will be able to build our staff's capacity to meet the increasingly complex care needs of our residents.

Thank you for putting your trust in us to deliver first class health care.



**Alastair Doull**  
Manager / Director of Nursing



## MEDICAL REPORT

This is now my third year at the Kimberley Clinic Penshurst and this year one of the changes that we have seen is the change in the clinics name. It has been changed to Tristar Medical Group Penshurst. I am working 5 days a week at the clinic and thoroughly enjoying the work that I do and the people I encounter on a daily basis.

In the initial stage of the last year, there were some pretty major changes in the clinic. Since then it has gradually become more stable.

Our reception staff, Melissa Pye, Kelly Arkell and Carol Morgan have worked tirelessly to keep things running smoothly but there are still little obstacles that arise, coordinating access to medical care as well as nursing assessments have been difficult due to lack of a permanent practice nurse. Practice Nurse Michelle, who was visiting our practice unfortunately was needed elsewhere.

Through the new introduction of a monthly meeting with the Director of Medical Services at Western District Health Service and the Manager/Director of Nursing at the Penshurst and District Health Service, medical care to the community has improved.

Still prevention is the high priority of the clinic and our target to take up more health screening in all fields of health is the initiative plan of the health department. The clinic has been conducting a comprehensive health assessment of people over 75 and diabetes management continues to be a high priority and we have found that a high number of these patients are availing themselves of the service with myself, the diabetes educator John Kearney and the community district nurse.

Again, I would like to thank the Hamilton Medical Group and the Specialist at the Hamilton Hospital for their support and moreover the heartiest thank you to all staff and nursing staff of the Penshurst Hospital and Nursing Home. I am extremely grateful and thankful to all the nursing staff who assist me in the management of acute emergency patients and any other medical needs that arise.

Meanwhile we still endeavour to maintain the health needs of both the Penshurst Hospital and Nursing Home and as ever the wider Penshurst community to the highest possible standards.

**Dr. Mohammad Abdullah**



*Manager Alastair Doull with Dr. Abdullah*





## SERVICE PLANNING AND DEVELOPMENT

### SERVICES

Penshurst and District Health Service (a member of the Western District Health Service) is a public hospital providing:

- Acute Care: inpatient care for six acute care patients
- Nursing Home (High Level): residential accommodation for seventeen permanent nursing home residents.
- Hostel (Low Level): residential accommodation for nine permanent residents and one respite resident.
- Independent Living Units: At Penshurst and Dunkeld providing independent living for ten residents.
- HACC Services Meals on Wheels Service operates from the facility seven days per week. An Adult Day Activity Support Service meets weekly in the Sheppard Community centre.
- Allied Health: Other services delivered by visiting therapists include, Podiatry, Physiotherapy, Dietitian, Asthma and Diabetes Educators, Women's Health

### CATCHMENT AREA

The catchment area of the Penshurst and District Health Service comprises the area in south western Victoria bounded by Dunkeld, Glenthompson in the north, Chatsworth in the east, Hawkesdale and Macarthur in the south and about 15 km's along the Hamilton Highway in the west. This region corresponds to part of the Southern Grampians Shire (former Shire of Mount Rouse and parts of the former Shire of Dundas) and part of the Shire of Moyne (parts of former Shires of Minnamite and Warrnambool).

### POPULATION

The 2011 Census, conducted by the Australian Bureau of Statistics, indicated that the population within the catchment area of the Penshurst and District Health Service was ageing at a higher rate than the State generally. There were 734 people in Penshurst of which 49.3% were male and 50.7% female. Aboriginal and Torres Strait Islander people made up 1.8% of the population. The median age of the catchment population in the 2011 Census was 48 years (an increase of 5 years since the 2006 census). Children aged 0-14 years made up to 19.2% of the population and people aged over 65 years made up 20.6% of the population. 84.9% of the catchment

population stated that they were Australian-born. 92.9 % of households had English stated as the only language spoken at home, with 3.9% of households speaking two or more languages.

### New Programs

#### Men's Out and About Program

Anne-Marie Wheaton, PDHS Nurse Unit Manager has taken over the great work done by Damien Malone as the executive sponsor of the Men's out and about program which was a WDHS initiative resulting from a grant application under the DHS social inclusion program which commenced in August, 2009.

The program recognises men as a minority group in residential aged care facilities and was initiated by the Penshurst Campus and rolled out across all six Western District Health Service Aged Care facilities. It aims to bring men together to mix socially and ensure ongoing funding for the program to continue into the future.

#### Sustainable Farm Families



In 2012, the Sustainable Farm Families Program was successfully completed. The program was a joint program with the Penshurst football/netball club which ran over 3 years.

*Jack Page bowling on a Men's Out and About trip to Hamilton.*



*Tony Howes and Maurice Guy enjoying a Men's Day out at the Pastoral Museum.*





## COMMUNITY SERVICES AND ALLIED HEALTH

### Primary and Preventative Health Division

#### Women's Health

Sue Watt, WDHS' Women's Health nurse has held several pap smear days at the Penshurst campus during the last financial year with 16 women attending. Women who have regular screening are 90 per cent less likely to develop cervical cancer than those women who don't. Many reasons given for not attending for a pap smear are distance to travel, difficulty in obtaining suitable appointments as well as male practitioners. Providing this service in the local community is an effective way to encourage women to have regular screenings.

#### Continence

The WDHS Continence Service has visited Penshurst on a regular basis. Catheter care has been a major component of our service, both with education of staff and for the Penshurst and district residents. There are several staff members in different stages of education with relation to male catheterization.

Staff in-services have been undertaken to maintain staff continence education.

Referrals continue to be acted upon as per resident's needs.

One of the Penshurst staff spent time working with continence services resulting in an excellent resource for Penshurst in relation to continence.

The continence staff, Ruth Fatone, Sue Langley and Annabelle Wilson, continue to provide care to out-patients and in-patients at Penshurst and the surrounding community.

#### Podiatry

Podiatry or foot treatment is available once a week at Penshurst nursing home, acute wards, Kolor Lodge and for people in the region. Treatment can be accessed via referral from a doctor, nurse or self-referral. The Penshurst podiatry department see a vast range of different and sometimes complex foot conditions.

Due to the high demand for podiatry, appointments have to be arranged to ensure clients with complex and high risk problems are seen first. We support clients in preventing and reducing existing foot complications by encouraging clients to participate in their own foot health through early education, identification and management.

#### Nutrition and Dietetics

The Nutrition and Dietetics Department has continued to provide services to Penshurst. Claire Lafferty was welcomed in May last year.

The department has continued to provide services on Wednesdays twice a month. They have been able to service the local community by providing outpatient services and where essential, home visits. Inpatients and residents of the Nursing Home and Kolor Lodge are also regularly reviewed for their nutritional status, with dietary recommendations aimed to prevent malnutrition and maintaining quality of life. These have been achieved in consultation with the individual, nursing staff as well as kitchen staff.

Education of Penshurst staff is integral to our service, a number of which have been conducted for:

- The importance of hydration in aged care and the importance of encouragement at meal times
- Gluten free diet and bread choices

Rhonda Hamilton has been working with Claire on a menu review for the last six months. Suggestions have been received from staff, residents and the community in an effort to recreate a menu which is more diverse, appetising and nutritious for residents.

#### Physiotherapy

The Physiotherapy Department provides out-patient appointments as well as services to the Penshurst Nursing Home, Kolor Lodge and the acute ward at Penshurst District Health Service.

Tamara Matulick, Kathy Guan, Edward Young and Elise Moyle have been the Physiotherapists who have attended the clinic this year every Tuesday. We would like to thank Tamara Matulick and Edward Young for their contributions to the physiotherapy service in Penshurst, and wish them well in their future endeavours. Thank you to the reception staff at the Sheppard Community Centre and to all of the staff at the Penshurst and District Health Service for their assistance.

The Physiotherapy Department will continue to provide the Penshurst Community a wide range of physiotherapy services.

#### Speech Pathology

Speech Pathologist, Sue Cameron, provides assessment of residents or patients for swallowing difficulties or communication needs when required.

During the year Sue has presented education and training to Penshurst staff on the management of swallowing disorders.

#### Belinda Payne

Manager Primary Health Services



*Sue Watt, Womens Health Nurse conducting a clinic at Penshurst.*



*Kerwin Talbot Podiatrist*



*L to R: Mason, Karley and Kelly Watson with Sandra Stone, Maternal and Child Health Nurse.*

## **ADULT DAY ACTIVITY SUPPORT SERVICE (ADASS)**

The Sheppard Centre comes alive each Thursday when ADASS staff and clients arrive for another day of friendship, laughter, activities, support, food, exercises and most of all a place where everyone is welcome, everyone is cared for, everyone feels loved and we all go home looking forward to what's in store the following week.

ADASS is a Planned Activity Group actively supporting aged, frail and disabled residents in our community to remain active, achieve goals and provide social inclusion to assist with health and wellbeing and support to remain living independently in their own homes. This includes client choices, preferences, empowerment, decision making, friendship, support, encouragement, variety and personal achievement. Clients engage in meaningful activities – connecting with past life interests and the community, achieve personal goals, maintain and develop the capacity to continue daily tasks independently, reducing rate of functional decline, and often improving in health and wellbeing.

### **Highlights of the year**

- School Buddy program with St. Joseph's and Penshurst State School provides Intergenerational interaction. Currently students are compiling Life Stories of with their ADASS buddies.
- Overnight trip to Ararat, Ballarat & Melbourne. This included day at Melbourne Zoo – what a highlight and great achievement for all.
- Health Awareness & Guest Speakers include Daffodil day, Dieticians providing practical healthy eating and shopping guidance, Red Apple day, Fire safety and Energy efficiency in the home with Primary Care Partnership.
- Mystery trips locally to the Macarthur wind farm, Burgers Museum, and more.
- Specific 'Men's day' and 'Ladies' day
- Interaction with other Planned Activity groups within Western District Health Service and regional community events
- Arm chair travel to outback Australia and Canada
- Celebrating special events throughout the year – birthdays, Christmas, Easter, Australia Day, Mothers and Father's Day etc.
- Easy Moves for Active Ageing & Tia Chi chair based exercise program

## Thanks

Staff and clients greatly appreciate the assistance of volunteers in transporting clients and helping on the day. The lives of our elderly are enhanced and many wonderful opportunities are made possible with your support, assistance and friendship.

We sincerely thank the Hospital Auxiliary ladies for their support in providing funds to purchase kitchen utensils and a microwave for the Sheppard Centre.

Our thanks to PDHS management and staff for your ongoing support and assistance.

## Staffing

The staff vacancy after the resignation of Kate Coote was ably filled by Emma McLeod in July 2011. Emma has brought some youth back into the staffing team which is great for us all. Welcome Emma.

## Customer/Client Feedback

Satisfaction Surveys are conducted annually and after major events throughout the year. Responses reflect a high standard of service delivery and overall satisfaction with service provided by ADASS.

## Brenda Uebergang

Co-ordinator



*L to R: Norm Hatherall, David Black and Graeme Page enjoying ADASS bbq footy day.*



*Ray Burger enjoying ADASS activities.*

*ADASS Melbourne Trip*







## HUMAN RESOURCES

### STAFF OF THE PENSHURST AND DISTRICT HEALTH SERVICE JULY 2011 - JUNE 2012

#### CHIEF EXECUTIVE OFFICER:

JIM FLETCHER BHA, AFCHSE, CHE, MIPAA

#### MANAGER/DIRECTOR OF NURSING:

ALASTAIR DOULL

### NURSING

#### UNIT MANAGER

JENNY PATON RN, Dip Mgt {ceased employment 2-9-2011}  
ANNE-MARIE WHEATON RN

#### DIVISION 1 REGISTERED NURSES

VIVIENNE BRADLEY RN, OR Cert, RAN  
JANE BARTLETT RN  
AMANDA NAGORCKA RN  
JOCELYN PATON RN, Dip Oncology (Casual)  
MAREE WEST RMRN, Dip Teaching (Nursing), B. Ed (Nursing), Cert. Hth Mgt, Grad. Cert. OH&S, M Hth St (Gerontology), Masters of Palliative Care.  
CAROLYN TEMPLETON RN, Cert. Ster & Inf Control, HepC/HIV counsellor, Nurse Immuniser.  
HEATHER KELLY RN  
JUBY JACOB RN  
JISHAMOL ABRAHAM RN  
CAROL NIELD RN  
LAURA FREDERICK RN {Ceased Employment 25-3-12}  
ELIZABETH LAWRENCE {Casual}

#### ENROLLED NURSES

DEBBIE WHITE  
KATE JACKSON  
JAN NICHOLSON  
LYN PEACH  
MARGARET MEULENDYKS  
KIM CAMERON  
GAYE COLLINS  
KATE O'NEILL  
SALLY CASEY {TEELow}  
SHANE KNEEBONE  
TERESA HOLMES  
JOCELYN MIBUS  
STELLA SMITH

#### NURSING ATTENDANTS

CHERYLE CASEY  
JOY DARROCH  
PAULINE McLEAN  
PAT WALKER  
JOY LAMBOURN

LESLEY BARLING  
PAULINE TEMPLAR  
MARIE SHAW

### SUPPORT SERVICES

#### GENERAL SERVICES MANAGER

RHONDA HAMILTON

#### FOOD AND DOMESTIC SERVICE ASSISTANTS

LIZ EWING  
BELINDA HILL  
LEEANNE CAMERON  
NOELLE BENSCH  
KAY LINKE  
LYREE JOHNSON {Ceased employment 4-3-12}  
ROBYN SMITH  
LINDA SPEIRS  
DIEDRE MATUSCHKA  
NORMA WATT {Ceased employment 1-8-11}  
JULIE WATSON {Ceased employment 8-8-11}  
BIANCA KELLY  
PRECY O'MEARA

#### EDUCATION

RUSSELL ARMSTRONG – Clinical Support Teacher

#### DIVERSIONAL THERAPIST

IRENE EDWARDS  
GAIL COCKFIELD {Casual} {Ceased employment 12-3-12}

#### MAINTENANCE

HENNY SUDMEYER

#### ADMINISTRATION ASSISTANTS

HEATHER MCKENRY  
GWEN RENTSCH  
LEANNE WILSON {Casual}  
NAOMI HANDRECK {Ceased employment 1-10-11}

#### ADASS CO-ORDINATOR

BRENDA UEBERGANG (ADASS Co-ordinator)  
MICHELLE MASLEN (Nurse Attendant)  
NICOLE LANDWEHR  
EMMA MCLEOD

#### STAFF SERVICE AWARDS

##### 5 YEARS

JOSCELYN MIBUS  
KATE O'NEILL

##### 10 YEARS

LEANNE CAMERON  
MARGARET MEULENDYKS

##### 15 YEARS

CAROLYN TEMPLETON





L to R: Staff members Gwen Rentsch, Heather Kelly, Heather McKenry, Teresa Holmes and front Linda Speirs at Murray to Moyne Fundraising Day.



Staff member Amanda Nagorcka



Staff member Michelle Schultz making milkshakes for residents

## NURSING AND ATTENDANT STAFF

It is with great pleasure that I present my first Nurse Unit Managers reports for Penshurst and Kolor lodge's Annual Report.

Since my arrival at the Penshurst Hospital I have been immensely impressed by the warmth and high esteem

with which Penshurst Nursing Home and Kolor Lodge is held by residents, families and the local community. This high regard has been by well-deserved by the dedicated staff who provide personalized care to all our residents. Our Aged Care Home is set in a beautiful location and staff encourage everyone to utilize our outdoor living spaces. This provides welcome a relief and a peaceful environment for our residents to enjoy.

The local community is actively involved with supporting our Aged Home in a multitude of ways. Many of our community members offer their time to assist residents through our volunteer program with transportation, gardening, visiting and pampering our residents. We have a diverse activities program that caters for the ongoing interests of our residents. Working hand in hand with the community services to provide our residents with contact with their long forged social networks that our senior community members enjoy.

Caring for our frail elderly is an enormous responsibility. Many of our residents have several different conditions that require a high level of clinical skills to ensure their needs are met. There are many team members involved in this process and these include our local Medical Officer, Dr Abdullah, nursing and allied health professionals including physiotherapists, podiatrists, dieticians, who are all available on a weekly basis. We have many other professionals that are only a phone call away.

We commenced the beginning of the year with our annual care plan reviews. This provided staff with a wonderful opportunity to meet and discuss with residents and their families. We have welcomed several new residents this year and the staff are deeply committed to providing individualized care for each new resident. The residents and carers meeting provide a really positive forum for all to come and discuss any matter that may be of interest.

The refurbishment of the sleep over room has been a great achievement. Its benefits are two fold it allows relatives to remain close to their loved one if they desire to do and it also provides staff with the opportunity to stay on site rather than drive if they are tired or have long distances to travel.

We are looking forward to showing our facility on the 31/7/2012 and the 1/8/2012 when Penshurst Nursing Home and Kolor Lodge will undergo our accreditation process. Over these days Accreditation Surveyors will look at the quality of care that we provide and assess our care against the 44 Standards.



**Anne-Marie Wheaton**

Nurse Unit Manager









HURST  
TRICT  
ALTH  
VICE







## HOTEL SERVICES REPORT

One of the highlights for the year was the completion of the renovations to our kitchen, it was certainly a challenging time for our department, keeping the kitchen operational, catering for the Nursing Home, Kolor Lodge Hostel, Meals on Wheels, ADASS (Adult Day Activity Support Service) and any additional requests which were many.

I would like to thank all Hotel Service staff for all the extra effort and time put in over that period to maintain our high standards.

The new addition of a walk in freezer, new cool-room, larger pantry and the extra room in the kitchen definitely makes our jobs easier.

Working closely with Western District Health Service Dietitian Claire Lafferty, early this year, we spent a lot of time and effort developing a new 4 week rotating seasonal menu system, which was to replace our 5 week system. Our priority was to our Residents, we needed to ensure that there was plenty of variety whilst also being nutritionally balanced, also taking into account Resident's preferences. The new system commenced at the beginning of May.

Environmental staff play a vital role in maintaining a high level of cleanliness throughout the facility. Furthermore they must follow strict guidelines, fill out appropriate checklists daily, keep an eye on any breakages or repairs and report them appropriately. Correct equipment is vital. In April we purchased a new upright Vacuum Cleaner which is much lighter and more user friendly. Cleaning audits are conducted each month which gives staff a chance to see how well they are doing and for which area's may need improving.

On 18th January and external food safety audit was conducted by Paul Maggs, which showed that we complied within all processes.

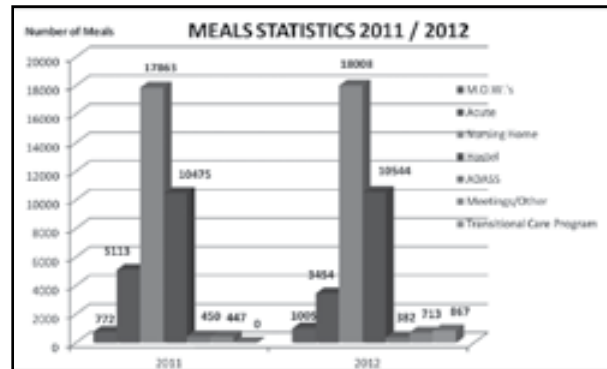
In May the Shire of Southern Grampians conducted an unannounced visit, which involved collecting swabs of random items, which were sent away for analysis. I am very pleased to announce that all test were negative.

This year Bianca Kelly and Precy O'Meara have joined our small team, they are welcome additions.

We wish to thank all volunteers that provide their time so generously for the delivery of meals on wheels to the frail and elderly of our community. Many thanks to the Hospital Ladies Auxiliary and the public for their donations and assistance.

**Rhonda Hamilton**

General Service Manager



*Hotel Services Staff member Linda Speirs assisting on Melbourne Cup Day*



*Hotel Services Staff member Norelle Bensch preparing a treat for residents.*



## EDUCATION REPORT

The Aged Care 3 year strategic plan for Aged Care Education that was developed last year continues to be delivered to all aged care sites thru-out Western District Health Service. The plan involves delivering education focused on the Aged Care Standards which is a vital requirement of accreditation. Each week staff have access to a different topic that may either be presented face to face at their individual campus, or via our sometimes challenging technical Webex program. These sessions are also recorded, so that staffs are able to view the sessions at anytime, anywhere that has an internet connection.

When the staff member has viewed the presentation this is automatically recorded in the individuals' education portfolio (on SOLLE) which is of great benefit if they are ever asked to present evidence of professional development as part of their National registration.

We continue to increase the number of competencies available to our staff online via the internet, which also allows staff to complete the educational competencies from their own homes via the WDHS internet site.

External education to other health care providers, continue to be part of our service to the broader health care community.

We continue to support the graduate nurse program, which involves both RN division I and Enrolled nurses coming to Penshurst District Health Services on a rotation.

Many of our staff have also attended external studies in their own time and at their own cost, which has great benefits to patients and residents care, and for the general community as a whole.

PDHS delivered the Third year program of Sustained Farm Families in Penshurst earlier this year, in collaboration with The Penshurst Football & Netball Club. The program was delivered over one day and involved farm family participants from the Penshurst District. The program involved health education sessions from various presenters. Many positive outcomes followed thru from last year's program thanks to the health referrals made by the Sustainable farm families' team from last year, which individuals had followed up on with their general practitioners. This year was the final year of the three year program and PDHS thanks all participants for their participation in the program.

**Russell Armstrong**

Education Co-Ordinator



*Fire brigade members with WDHS Fire Safety Officer Stuart Boden and Penshurst Staff during Mock Evacuation*



*Penshurst Fire Brigade members during Mock Evacuation.*



## LIFESTYLE REPORT

Using a holistic approach, leisure and lifestyle aims to enhance the quality of life of the Residents in care by providing activities and experiences that address their needs and capabilities

Regular activities held throughout the year included bingo, bowls with variations, book readings, quizzes, word games, indoor games ( bean bag toss, snakes and ladders, eggpong etc, etc), chair based exercises, garden walks, cooking, cards, knitting, beetle with variations, footy tipping, movies. Manicures and hand massage are offered on a weekly basis and a hairdresser is available as required by professional visiting hair dressers. The aim of these activities will vary for each individual resident but generally the basic aims are to gently stimulate, challenge and promote social interaction. Our knitters have not only continued to make items for family and friends but have produced scarves and are popular teddies for the trading table. Our thanks go to members of the wider community who so generously also provide items for the table.

The chooks, "Henny and Penny", continue to provide a great source of interest and conversation as well as a supply of eggs

Music provides many benefits and allows for all levels of participation. Residents enjoyed: sing-a-long with Barbara on a monthly basis, Margie's Melodies on a regular basis, Hymn singing as part of our monthly Ecumenical Church Service, Hawkesdale P12 Christmas concert, Carols at our family Christmas afternoon tea, Tabor Male Choir, U3A band (Bonnie's 90th birthday concert), The Music Man, and Gary Price who visits fortnightly. We were very fortunate to have Rod Hough, a concert pianist from Adelaide, perform for the Residents.

Outings allow Residents to see the changes and sameness of the surrounding countryside which was an important part of their past life experiences. They assist in maintaining a connection with the wider community. They provide a source of pleasure and allow for social interaction. Residents have enjoyed : pleasant afternoon drives, morning/afternoon tea/ lunch at various locations across the district, monthly visits to the Penshurst Senior Citizens for bingo, viewing hay bale decorations- Lanternen Fest – Tarrington, Christmas lights of Hamilton and Penshurst, shopping trips, Police Pipe Band- Seniors week- Willaura, Encore musical shows at Hamilton PAC, Australia Day celebrations at Hamilton botanical gardens.

The Men's Out and About Program has continued on a monthly basis thanks to ongoing funding. This allows the men in Residential care of WDHS to enjoy social interaction, renew/form friendships, enjoy new experiences, relive past experiences.

These included: river cruises, horse and carriage rides, joy flights over Hamilton, fishing to name a few.

Throughout the year we celebrated/observed : AFL grand final, Seniors Week, Melbourne Cup, Remembrance Day, Dementia Awareness Week, Christmas, New Year, Australia Day, Shrove Tuesday, World Day of Prayer, St. Patricks Day, Easter, Anzac Day, Queen's Birthday/Diamond Jubilee and most importantly Molly Roberts 100th Birthday.

The Pastoral Care Team meets three monthly; consisting of clergy, laypersons and congregational members of the local denominations provide spiritual support to the Residents with weekly church tapes, monthly Ecumenical Church Service, annual Memorial Service and individual visits. Residents have also been able to participate in midweek mass locally. This year we farewelled Fr. Frank Madden from the team. We thank him for his many years of support. Fr. Madden still visits on a regular basis. We welcome Rev. David Schultz of the Presbyterian Church.

Finally Thank You to our wonderful, dedicated group of volunteers. Many activities would not be possible without their assistance. To others who have provided support I offer my personal thanks.

### Irene Edwards

LIFESTYLE CO-ORDINATOR



*L to R: Residents Mary Riddle, Santa and Marcelle Membrey*



*Resident Elsie Hildebrandt with John Brumby Australia Day*



*Lifestyle Co-ordinator Irene Edwards with volunteer Katie Benson having a bit of fun.*

This year we have completed stage two of the planned capital works program with the Cool room upgrade which was finished in September 2011. These works included fitting a new bulk freezer and cool room, dry food store and alterations to kitchen and rear door access.

We would also like to thank our local contractors who continue to provide excellent service and response for planned and emergency maintenance requirements.

**Trevor Wathen**  
WDHS Facilities Manager



*Henny Sudmeyer (Penshurst Maintenance) at door to new kitchen Cool Room.*

## FACILITIES AND EQUIPMENT

### MAINTENANCE

Maintenance services continue to be provided on site at Penshurst and District Health Service by Henny Sudmeyer and ably supported by Hamilton maintenance staff and local contractors. Tasks include essential service compliance, preventative maintenance schedules, grounds maintenance and ad hoc repairs as required plus arrange specialist trade contractors to respond as needed. All work requests are now submitted through an electronic system called BEIMS making it easier to track and follow up on maintenance tasks, on average approximately 125 work orders have been generated each month.

Also a regular scheduled visit to maintain ILU'S (Independent Living Units) owned by Western District Health Service at Dunkeld (6 units) and Penshurst (4 Units) has been established.

Volunteer Tony Auden continues to provide outstanding service in maintaining the gardens and ably assists Henny with grounds maintenance.



*Local electrician Joe Sherlock happily working on new Cool Room renovations.*





## Community Engagement

### Volunteer Program – Penshurst District Health Service

The following is a summary of contact hours and activities for Penshurst District Health Service registered volunteers for the 12-month period, July 2011 – June 2012

- A total of 24 individual Western District Health Service registered volunteers regularly provided and recorded the following service support hours over the period (July 11 – June 12);

- Volunteer Hours Total, Individual Contact = 246.20
- Volunteer, Individual Contact - Ave. hours per week = 4.73
- Volunteer Hours Total, Group Contact Hours = 410
- Volunteer, Group Contact - Ave. hours per week = 7.9
- Volunteer Hours - other( gardening) = 853.75

- A sample of the activities and services provided by volunteers during the period include;

- Visiting resident for discussion, company, and support.
- Walks.
- Reading to residents.
- Crosswords, playing cards and games.
- Manicures and nail painting/presentation.
- Cooking sessions
- Art sessions
- Gardening
- Football tipping
- Music and singing.
- Spiritual activities
- Group activities eg Bingo.
- External outings.

Volunteers recorded an overall total of 1509.95 hours volunteer service support for the 12-month period July 2011 – June 2012. Equating to an average of 29.05 hours per week contributed by WDHS registered volunteers,

#### Jeanette Ryan

Volunteer Co-ordinator, Western District Health Service.

I wish to sincerely thank the following volunteers: Tony Auden, Audrey Burger, Wendy Block, Barbara Finlay, Katie Benson, Janet Shalders, Margaret Eales, Irene Ross, Barry and Brenda Mirtschin, Myra Pohl, Catherine Hawkins, Trish Graham, Janine Mundy, Peggy Hussey, Agnes Edwards, Les and Jocelyn Paton, Don Adamson and Lyn Munro.

### Meals on Wheels

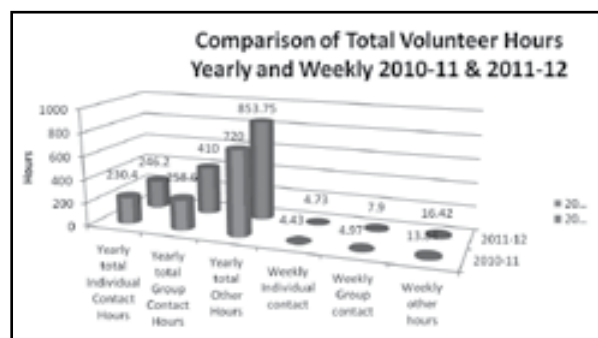
There are numerous individual and clubs who provide their time so generously for the delivery of meals on wheels to the frail and elderly of our community and although it would be difficult to individually name them, we wish to thank each and everyone for doing so.

### Hospital Door Knock Appeal

Once again the Penshurst Community have displayed their generosity in their support of the hospital through the annual door knock appeal. The Penshurst community donated approximately \$7,187 towards the local health service to contribute to its ongoing development. Sincere thanks must go to our local collectors including: Gwen and Trevor Rentsch, Jenny Hutton, Jane Heazlewood, Jenni Kinnealy and Don Adamson.

#### Jeanette Ryan

Volunteer Co-ordinator, Western District Health Service.



L to R: Volunteer Myra Pohl with residents and Merkaats at Halls Gap Zoo.





*Hardworking Volunteer Tony Auden during coolroom renovations.*

## MURRAY TO MOYNE CYCLE RELAY

After a short break in 2011, Penshurst participated in the 2012 Murray to Moyne Cycling Relay Event. This would never have occurred without the tremendous support of Mr Andrew Thornton.

Not only did Andrew the owner of Thornton Engineering sponsor Penshurst, but Andrew convinced three other riders to ride for us, including his son David, as well as convincing many of his cycling friends to ride from Lorne to Warrnambool on a wet, cold and windy day to raise money for Penshurst.

The break created the opportunity to review our campaign and introduce some new initiatives. For the first time we had a major raffle, and a Murray to Moyne concert. More than half of the team came from Penshurst and surrounding areas and a presentation night was held in June.

I would like to thank all of our sponsors, riders, our support crew and volunteers who help make the 2012 Murray to Moyne Cycle Relay Event for Penshurst so successful and rewarding. For example, staff members sold raffle tickets on their days off, including Boxing Day, residents folded flyers, my husband's generous support by allowing a concert to be held at our place, and 13 people gave up their weekend to participate in the event. I would also like to thank Jim Fletcher, CEO WDHS and Kerry Martin and her team at the Community Liaisons, for their support, and Jenny Boyer, Event Manager Murray to Moyne Cycle Relay, who was our guest speaker at our presentation night. Our team consisted of nine very fit riders and a support crew of four. The riders trained hard, training at least

twice a week, and they even went on longer rides to Port Fairy and from Geelong to Torquay and back again in nearly 40 degree heat. Afterwards, enjoying a relaxing shower and a BBQ at the Thornton's.

Our riders were Brenden Cottrill, Alix Kelly, Jake Linke, Brian Humphrey, Andrew and David Thornton, Anne Gourley, Peter Ryan and Alastair Doull. Our Support crew were David Linke, Vivienne Bradley, Joy Lambourn, and Anthony Page.

My fondest memories are of all of the team riding from Penshurst to Port Fairy in full uniform, the look on Brenden Cottrill's face when he was acknowledged for his 21st participation in the Murray to Moyne Cycle Relay for Penshurst and the look upon Gwen Rentsch's face when she was presented with flowers for her efforts over the past 10 years.

In 2012, the total funds raised was an incredible amount of \$21,100. Without the support of so many this would never have been achieved. From everyone at Penshurst and District Health Service I would like to thank everyone who supported us and made this possible.

### **Vivienne Bradley**

Registered Nurse Division 1 /Volunteer support crew.



*L to R: Riders Brian Humphrey, Peter Ryan and Brenden Cottrill on the long track ahead*



*L to R: Riders Alastair Doull, Brenden Cottrill (21st year riding), RES sponsor Simon Kerrison, Alix Kelly and Jake Linke.*



## PENSHURST HOSPITAL LADIES AUXILIARY

On behalf of the members of the Penshurst Hospital Auxiliary it is with pleasure that I report on their achievements over the past 12 months.

The Auxiliary have once again had a successful year, due to a lot of hard work by a small dedicated group of women.

Monthly meetings are held at the Sheppard centre on the 3rd Wednesday of each month followed by chat and a very tasty afternoon tea. The D.O.N. of the hospital Alastair Doull, very bravely comes along and gives us a very informative report, keeping us up to date with the progress and needs of the Health Service.

Guest Speakers, Irene Edwards, Lifestyle Co-Ordinator, Gabrielle Baudinette from WDHS Finance section and Claire Lafferty the dietician all came along and broadened our knowledge in their respective areas of the Health Service.

Our fundraising efforts have included Raffles, Catering, and Movie nights. At Christmas we had a very traditional lunch at the Penshurst Hotel. Following our break in January we enjoyed the hospitality of Liz at Burn Brae as a kick start for the year ahead.

We have concentrated our financial assistance in the refurbishing of the nurse's / family stay over room, supplying carpet, linen, curtains and a Plasma Television.

Nail kits for the residents and an Ironing Board for the Laundry were also donated by the Auxiliary. We were happy to help out the ADASS staff in their valuable work by providing a microwave, and other necessary items for the Sheppard Centre kitchen.

Rhonda and her staff also gained by our donation towards the purchase of some much needed equipment for the main hospital kitchen.

It is with pride I speak of the members of the Hospital Ladies Auxiliary who give up their time willingly to help out both manually and financially where needed. I am grateful for their support and friendship.

I thank the ladies of the community for their help in catering and it is with hope I invite new members to come along and join in this very worthwhile group. I wish you all well and hope many successful years ahead for the Auxiliary.

**Margaret Eales**

President Hospital Auxiliary



*L to R Ladies Auxiliary members Anne Selman, Audrey Burger and Muriel Macklin*



*L to R Auxiliary members Judy Page and Margaret Eales*

## CHRISTMAS GIFT FOR PENSHURST & DISTRICT HEALTH

Christmas came early for the Penshurst Campus of Western District Health Service with the Health Service receiving an extraordinary generous donation of \$418,657.67 from long term resident and well known Penshurst identity Mr. Leo {Sandy} Des O'Brien.

Mr. O'Brien who has lived in Penshurst all his life is the oldest of 9 children and has worked hard all his life. Mr. O'Brien said that "as a child whilst attending Penshurst Primary School he used to help milk the family's 40 cows by hand in the morning before walking the 3 kilometres to school each day. At 13 he left school to work on the family farm and as well also went out working in the building trade in the area".

"In those days there was no apprenticeships in the building trade you just learnt on the job from other builders" he said.





Mr. O'Brien was involved in building and repairs to Soldier Settlement homes and was later a painter around Penshurst in addition to running a farm.

In handing over his donation to Western District Health Service Chief Executive Officer Jim Fletcher Mr O'Brien who is 82 years old said "It gives me great pleasure to be able to donate this money to Penshurst and District Health Service. I decided to make this donation while I was still here to see it being spent on such a good cause. It is great to be able to help my local community by providing jobs for tradespeople and improving one of our very important assets, our local hospital."

Western District Health Service Chief Executive Officer Mr. Jim Fletcher said "Mr. Sandy O'Brien had called in to see him a few months ago and told him that he had a tidy sum of money to donate to the Penshurst Health Service".

"Mr. O'Brien had initially willed the amount to the Health Service; however he decided to donate the funds to the health service so he could see the benefit of his donation." Mr. Fletcher said "he and the rest of the health service were overwhelmed with the generosity of Mr. O'Brien's gift as would be the whole of the Penshurst community".

"It is an amazing legacy that he leaves to the Penshurst Health Service and community. The funds will be directed to further upgrading the Penshurst campus" he said.

## ANOTHER GIFT FOR PENS HurST

Another recent visit in June from Mr. Leo (Sandy) O'Brien to the office of Western District Health Service Chief Executive Officer Jim Fletcher has brought a further \$30,000 donation for the Penshurst campus of Western District Health Service.

Mr. O'Brien who presented Mr. Fletcher with an extraordinary Christmas donation of \$418,657 in December last year heard that an Architect had visited the Penshurst Health campus to do some measuring up and decided that he would like to increase his donation by another \$30,000.

Western District Health Service Chief Executive Officer Jim Fletcher said "the additional donation came as a very pleasant surprise".

"Initially we had used Mr. O'Brien's original donation to support our submission to the National Health and Hospital funding round to complete the remaining

stages of the total upgrade and redevelopment of the Penshurst Campus. The total estimated cost of the upgrade is \$4.8m."

Mr. Fletcher said "Mr. O'Brien's donation certainly strengthened our case but unfortunately our bid was unsuccessful".

Announcements regarding the funding round were made with the handing down of the Commonwealth budget in May.

Mr. Fletcher said "knowing that we have missed out on this grant our task is to now identify how we can best use Mr. O'Brien's generous donation to complete a portion of works proposed in the overall long term capital master plan for the Penshurst campus."

"To this end we have requested an Architect to put forward some options to achieve the best value outcome. The additional \$30,000 donation will enhance these options" he said.

"As I have said on many occasions, our Health Service is extremely privileged and honoured to receive such outstanding support from its community which knows no bounds. We are extremely grateful to Mr O'Brien for his enormous generosity, which will significantly enhance the future delivery of Health Services to the Penshurst community for generations to come." Mr. Fletcher said.



*Mr Leo (Sandy) Des O'Brien being thanked for his generous donation by WDHS CEO Mr. Jim Fletcher, on behalf of Penshurst and District Health Service.*





## THANK YOU FOR YOUR DONATION

RES Australia  
 Thornton Engineering  
 Bendigo Bank, Dunkeld  
 Kellys Merchandise, Penshurst  
 James Dean Pharmacy, Hamilton  
 Royal Mail Hotel, Dunkeld  
 Hospital Ladies Auxiliary  
 AG Agronomics, Warrnambool  
 Mr. Tony Auden  
 Banemore Herefords  
 Mrs. Betty Barker  
 Jodi Bennett  
 Mrs. Norelle Bensch  
 Bethlehem Lutheran Church Tabor  
 Mrs. K. Boyd  
 Isobel Boyd  
 Mr. Alex Boyd  
 Mr. Stuart Burger  
 Ms. Raquel Casey  
 Mrs. Ellen Casey  
 Mrs. Cheryle Casey  
 Mr. John Champ  
 Class Harvest Centre, Lake Bolac  
 Mrs. Flo Collins  
 Combined Churches Community Carols Committee  
 Mr. Kevin Commerford  
 Roger Conk  
 Maurice Cook  
 Mr. Chris Cook  
 Kathleen Cook  
 Coolibah Penshurst Pty. Ltd  
 Cottrills Plumbing  
 Dallas Doulton  
 Mr. Kevin Doyle  
 Dr. Bryan Humphrey, East Geelong  
 Mrs. Wendy Eales  
 Mrs. Helen Eales  
 Mrs. Tilly Eales  
 D. Edwards  
 Mrs. Barbara Finlay  
 Fishers IGA {Hamilton}  
 Neil Ford  
 Ms. Mardi Gill  
 Anne Gouley  
 John Graham  
 Hamilton Produce  
 Mr. Andrew Heazlewood  
 Peter & Jane Heazlewood  
 Mr. and Mrs. Chris & Sarah Hines  
 Mardi Holmes  
 Mr. Brian Holmes  
 Mr. Ken Holmes  
 Mrs. Jenny Hutton  
 Ian McLeod Veterinary Services, Hamilton  
 Mr. & Mrs. Evan and Janet Kelly  
 Mrs. Liz Kelly

Barry King  
 John King  
 Mr. Kevin King  
 Mrs. Jenni Kinnealy  
 Mr. and Mrs. Neville and Shirley Kruger  
 Mrs Nicole Landwehr  
 Ms. Jan Linke  
 Jake Linke  
 Zoe Linke  
 Mr. & Mrs. Greg and Angela Linke  
 Mr. Glenis Linke  
 Kylie Linke  
 Mr. and Mrs. Barry and Val Linke  
 Mr. Brian Loria  
 Mrs. Susie Mann  
 Mr. Kevin McCann  
 Bill McConnell  
 Mr. & Mrs. Stuart and Heather McKenry  
 Fraser & Rene McKenzie  
 Mr. Michael McKinnon  
 Ken McMahon  
 Midfield Group, Warrnambool  
 Mr. Colin Mirtschin  
 N.S. & S.M. Moyle "Gazette"  
 Mr. Daryl Nagorcka  
 Mark & Jodie Nicholson {Stanich Partnership}  
 North Partnership  
 Mr. L. Des O'Brien  
 Mr. M.P. Page  
 A.J. Page Electrical  
 Page Livestock and General Transport, Penshurst  
 Penshurst Fire Brigade  
 Penshurst Hospital Ladies Auxiliary  
 Possum Gully Shearing Pty. Ltd., Lake Bolac  
 R. & P. Matthews Pty. Ltd., Warrnambool  
 Mrs Joanne Rentsch  
 Mrs. Gwen Rentsch  
 Scott & Narelle Rentsch  
 Mr. Norman Rentsch  
 Mr. Simon Rentsch  
 Mr. John Rentsch  
 Mr. Darren Rentsch  
 Mr. Peter Rentsch  
 Mr. Alan Rentsch  
 Mr. Jeff Roads  
 Ian Ross  
 Mr. Neil Ross  
 Rufus Pty. Ltd., Ararat  
 Gerard Ryan  
 Thelma Ryan  
 Ryan Pastoral, Hawkesdale  
 Wayne Sanderson  
 Mr. Merv Schultz  
 South Kolor Partnership  
 Mr. Alex Sparks  
 Stonehaven Pastoral Co., Penshurst



Tabor Ladies Guild  
 Ted Finchett Pty. Ltd, Hamilton  
 Thornton Engineering  
 Tintaen Partnership  
 Franz Tuechler  
 Mr. & Mrs. Leigh and Natalie Uebergang  
 Mr. Ron Uebergang

Mr. & Mrs. Val and Gordon Walkeden  
 Mrs Anna Walter  
 Wandobah Pastoral Co  
 Wareham Transport, Mortlake  
 Mr. John Watson  
 Mr. John Watt  
 Peter & Maree West

## GIFTS IN KIND:

Dr. Mohammad Abdullah  
 Don Adamson  
 Mr. Tony Auden  
 Dee Beardsell  
 Caroline Belcher  
 Katie Benson  
 Mrs. Wendy Block  
 Bill & Vivienne Bradley  
 Mrs. Audrey Burger  
 Cameron's Country Music  
 Gaye Collins  
 Leanne & Brenden Cottrill  
 Mrs. Joy Darroch  
 Daryl Wilde  
 Mr. Alastair Doull  
 Judith Drane  
 Mrs. Margaret Eales (Margie's Melodies)  
 Mrs Kath Edlich  
 Agnes Edwards  
 Irene Edwards  
 Mrs. Barbara Finlay  
 Mrs Kathleen Golding  
 Ms. Anne Gouley  
 Mrs Trish Graham  
 Hamilton Racing Club  
 Mrs Linda Hatherall  
 Hawkesdale P-12 College  
 Catherine Hawkins  
 Jane Heazlewood  
 Teresa Holmes  
 Hospital Ladies Auxiliary  
 Mr. Brian Humphrey  
 Peter and Jean Humphries  
 Peggy Hussey  
 Jenny Hutton  
 Mrs. Shirley James  
 Alix and Kim Kelly  
 Mrs Janet Kelly  
 Jenni Kinnealy  
 Shane Kneebone  
 Mrs. Joy Lambourn

Mr. David Linke  
 Mr. Jake Linke  
 Mrs. Muriel Macklin  
 Kerry Martin  
 Stuart & Heather McKenry  
 Barry & Brenda Mirtschin  
 Lyn Munro  
 Mrs Jan Nicholson  
 Mr. L. Des O'Brien  
 Mr. Anthony Page  
 Win Page  
 Les & Jocelyn Paton  
 Penshurst Apex Club  
 Penshurst Hotel  
 Penshurst Lions Club  
 Mrs. Myra Pohl  
 Gwen & Trevor Rentsch  
 Mr. Alex Rogerson  
 Mrs. Irene Ross  
 Mr. Peter Ryan  
 Nettie Ryan  
 Janet Shalders  
 Leonie Sharrock  
 Stella Smith  
 Southern Grampians Shire  
 Mrs. Linda Speirs  
 St. Joseph's Primary School  
 Henny Sudmeyer  
 Tabor Male Choir  
 Sally Teelow  
 Mrs Mona Templeton  
 The Still Trees  
 Mr. David Thornton  
 Mr. Andrew Thornton  
 Valley Floor  
 Jane Van Herpen  
 Wes Walter  
 Anne-Marie Wheaton

*There are many individuals who give their time or other gifts in kind (including donations, sponsorships and assisting fundraising functions. Your efforts are greatly appreciated.*



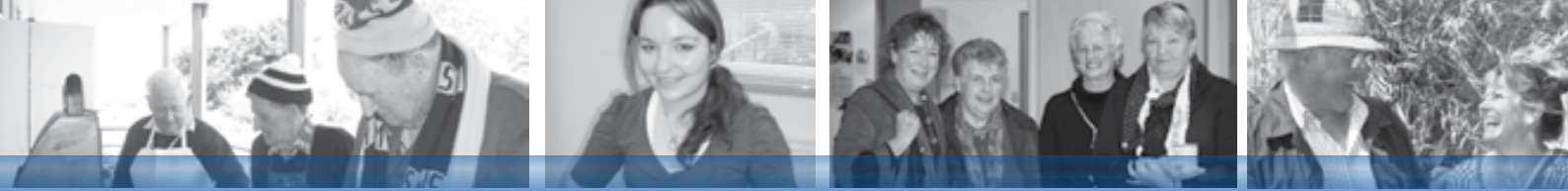


# Murray to Moyne

Snapshot of Fundraising Day, Ride & Presentation Night







# *Farewell*

*Life is but a stopping place,  
A pause in what's to be,  
A resting place along the road,  
to sweet eternity.  
We all have different journeys,  
Different paths along the way,  
We all were meant to learn some things,  
but never meant to stay..  
Our destination is a place,  
Far greater than we know.  
For some the journey's quicker,  
For some the journey's slow.  
And when the journey finally ends,  
We'll claim a great reward,  
And find an everlasting peace,  
Together with the lord*







## PROFILE - GARY G. GULLOCK



### GUEST SPEAKER - 2012 ANNUAL MEETING

Gary was born in Stawell in 1958, moving to Ballarat shortly afterwards with his family. He attended Pleasant Street Primary School and Ballarat High School.

#### Professional Life

Gary completed his initial training as a Dental Technician in 1975, then went on to do further training to become an Advanced Dental Technician. Gary is now a qualified Dental Prosthetist working from his Ballarat Denture Clinic and part time at Daylesford.

#### Sporting Life

After a short football career, Gary began rowing at Ballarat High School with little success. Upon leaving school he continued rowing at Wendouree – Ballarat Rowing Club. In 1977 Gary represented Victoria in the Ballarat based youth eight. Gary began sculling and went on to win the Australian Junior Single Scull event in 1980.

Gary continued sculling successfully in the senior ranks and was selected in the 1984 Olympic Quad Scull crew. This was the first time Australia had entered a crew in that event for the Olympic Games. Gary and his crew were awarded with Olympic Silver Medals when they placed 2nd to a very experienced West German Crew. Gary was also the first Olympic Medallist from the Ballarat region.

Gary continued sculling and rowing, winning many Australian Championships including a Presidents Cup single scull and 4 Kings Cup eight oared events. In 2010 Gary was inducted into the inaugural Victorian Rowing Hall of Fame.

After retiring from senior rowing in 1994 Gary successfully competed in cycling events in Open and Masters categories and now competes in Masters rowing and coaches junior rowers at Ballarat Grammar School.

Gary is a board member of the West Vic Sports Academy and Chairman of the Allocation Committee for the Ballarat Sports Foundation.

#### Family Life

Gary lives in Mt. Helen with his wife Tara and sons Scott and Campbell. Both boys have also rowed at school, with Campbell's crew this year winning both the 2012 Ballarat Head of the Lake and the Australian School Boys Four Championship.





## ***Penshurst and District Health Service***

### ***Balance Sheet as at June 30, 2012***

	<b>2012</b>	<b>2011</b>
	<b>\$</b>	<b>\$</b>
<b><i>Equity</i></b>		
Accumulated Surplus / (Deficits)	5,756,923	5,778,921
Asset Replacement Reserve	461,025	391,285
Asset Revaluation Reserve	459,882	459,882
Specific Purpose Reserve	538,429	78,386
<b><i>Total Equity</i></b>	<b>7,216,259</b>	<b>6,708,474</b>
<b><i>Current Liabilities</i></b>		
Payables	-	-
Employee Entitlements	512,138	470,600
Monies Held in Trust	964,261	1,031,997
<b><i>Total Current Liabilities</i></b>	<b>1,476,399</b>	<b>1,502,597</b>
<b><i>Non Current Liabilities</i></b>		
Employee Entitlements	89,016	77,745
<b><i>Total Non Current Liabilities</i></b>	<b>89,016</b>	<b>77,745</b>
<b><i>Total Liabilities</i></b>	<b>1,565,415</b>	<b>1,580,342</b>
<b><i>Total Equity and Liabilities</i></b>	<b>8,781,674</b>	<b>8,288,816</b>
<b><i>Current Assets</i></b>		
Cash at Bank	1,900,032	1,679,073
Investments	426,473	-
Receivables	57,031	37,153
Monies Held in Trust	964,261	1,031,997
<b><i>Total Current Assets</i></b>	<b>3,347,797</b>	<b>2,748,223</b>
<b><i>Non Current Assets</i></b>		
Land, Buildings, Plant & Equipment	6,423,136	6,257,678
Accumulated Depreciation	(989,259)	(717,085)
<b><i>Total Non Current Assets</i></b>	<b>5,433,877</b>	<b>5,540,593</b>
<b><i>Total Assets</i></b>	<b>8,781,674</b>	<b>8,288,816</b>



## ***Penshurst and District Health Service***

### ***Revenue and Expense Statement for the Year Ended June 30, 2012***

	<b>2011/12</b>	<b>2010/11</b>
	<b>\$</b>	<b>\$</b>
<b><i>Revenue</i></b>		
State Government Grants	1,689,671	1,681,500
Patients Fees	1,639,208	1,511,636
Other Revenue	118,967	94,280
Transfer of Aged Care Capital Revenue	-	43,000
<b><i>Total Operating Revenue</i></b>	<b>3,447,846</b>	<b>3,330,416</b>
<b><i>Expenditure</i></b>		
Salaries & Wages	2,795,496	2,659,392
Direct Expenditure	206,548	229,691
Overheads	441,585	439,599
<b><i>Total Operating Expenditure</i></b>	<b>3,443,629</b>	<b>3,328,682</b>
<b><i>Operating Surplus</i></b>	<b>4,217</b>	<b>1,734</b>
<b><i>Capital Items</i></b>		
Fundraising and Donations	479,563	95,800
Ingoing Residential Charges - Aged Care	223,859	208,301
Transfer Aged Care Capital Revenue	-	(43,000)
Capital Grants	72,000	85,000
Surplus / (Loss) on Disposal of Asset	-	-
Depreciation	(271,854)	(264,521)
<b><i>Health Service Result</i></b>	<b>507,785</b>	<b>83,314</b>

### ***Statement of Changes in Equity***

<b><i>Total equity at beginning of the year</i></b>	<b>6,708,474</b>	<b>6,625,160</b>
Net result for the period	507,785	83,314
Gain on Revaluation of Plant & Equipment	-	-
<b><i>Total equity at end of the year</i></b>	<b>7,216,259</b>	<b>6,708,474</b>

[illegible]